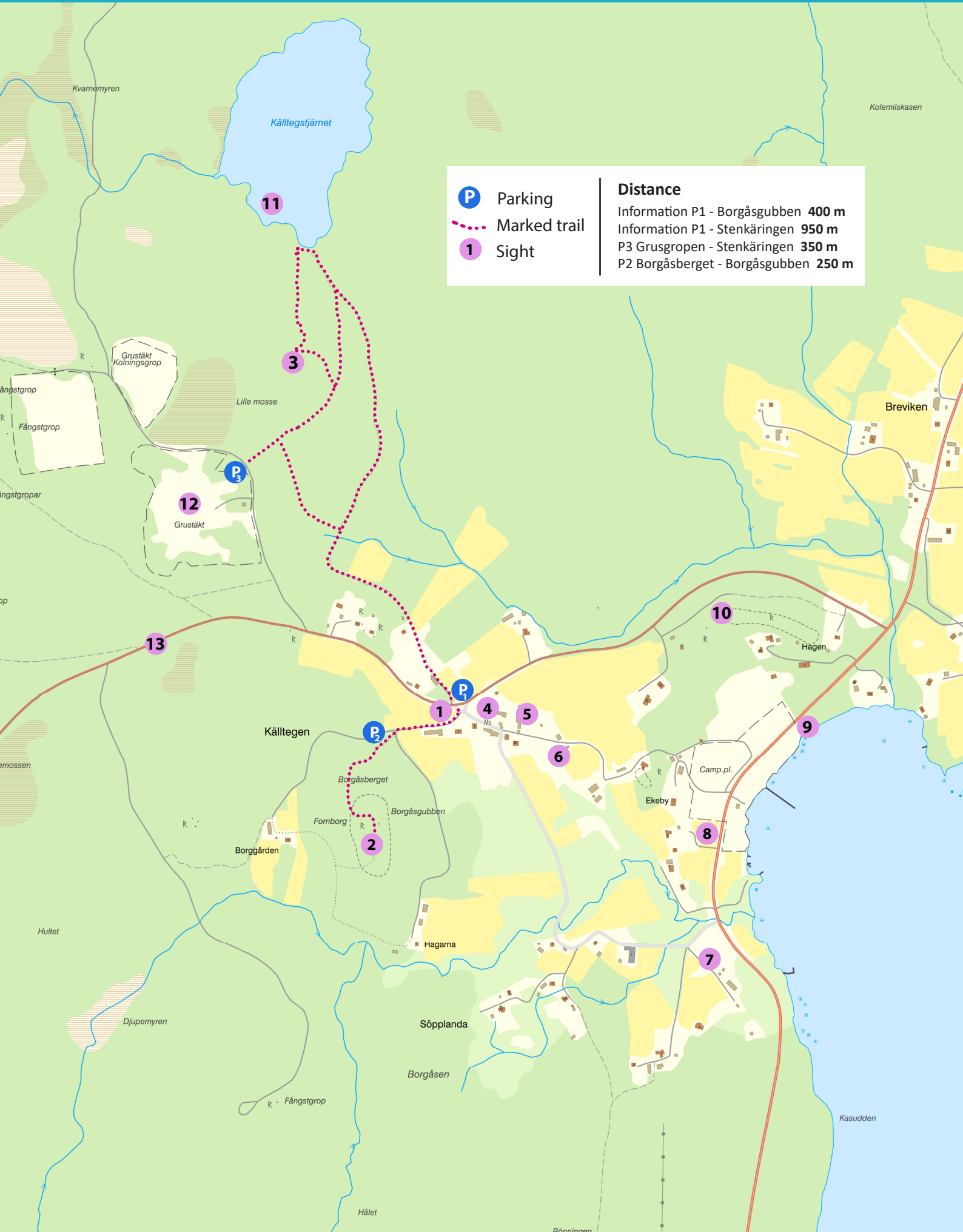




Hikes & Walks in Årjäng



1 Borgåsen in Blomskog



1. Information Board

You are now in the homestead of Källtegen. Källtegen is in Blomskog Parish in the Municipality of Årjäng.



2. Borgåsgubben

Borgåsgubben (the Old Man of Borgås) was probably built during the great Nordic War in the early 18th Century, but can be significantly older. Borgåsgubben stands around 190 metres above sea level and 100 metres above Lake Västra Silen.

3. Stenkärningen at Källte´kuel

Stenkärningen (the Old Woman of Stone) was built 1999 by residents of Blomskog as a memorial to the New Millennium. The hill Källte´kuel itself is 185 metres above sea level.

The old man and his stone wife are just over 1 km apart as the crow flies in a north-south direction.

4. Memorial stone from the war years

The stone was sculpted in 1940 by stonecutter A-son from Karlstad.

5. Källtegen Village

It is unusual to see so many old houses gathered together one after the other along a largely untouched minor road.

Letter from America, a local folk theatre production, has been staged here every year since 1988.

6. Källehuset - The Spring House

Fresh water spring in Källtegen. The name Källtegen comes from *källa* (source of water) and *teg* that means a small plot of farmland.

The water flows continuously at around 200 litres per minute. Throughout the ages, this spring has been of great importance for both people and cattle.

7. Högen

The main characters in *Letter from America* lived in Högen. The Anders Nilsson Skog family were among the first residents to emigrate from Blomskog Parish to begin a new life in America during the harvest failure years in the late 1860s.

8. Ekeby Camping

The Camp Site opened in 1972 and has around 160 caravan pitches. It also has cabins, tent pitches, and a café/kiosk.

9. Bathing point

Brevikssand is along Lake Västra Silen that is part of the Dalsland Canal. Small cargo boats came here when the canal was opened in 1868.

10. Larger burial mound

This 210 x 30 metres burial site consists of 25 ancient monuments, mounds, stone arrangements and a stone circle.

11. Källtegstjärn

Källtegstjärn is a beautifully situated forest tarn. The stream from the tarn flows west through Kvarnemyren and on towards Hillevaren.

Finnish settlers are said to have arrived here as long ago as the 16th Century.



12. Grusgrop

Grusgropen in Källtegen is most famous for its soft sand for building. Sand and gravel have been extracted from here since the 1930s.

13. The road towards Blomskog

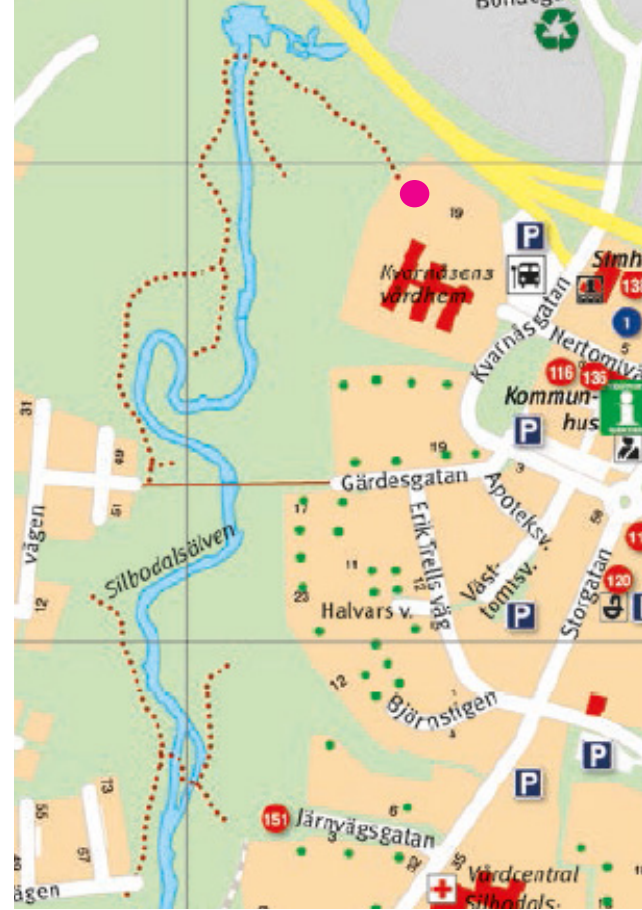
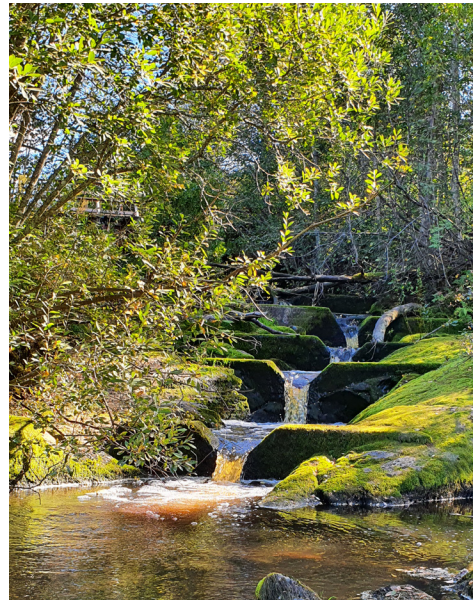
This road leads to the church, the association house in the old school, community centre, and the parish store with forge.



2 River Walk in Årjäng



In the middle of the built up area of Årjäng you can experience all the changes in nature as you walk along this 3 km nature trail on both sides of the river Silbodalsälven. There are plenty of places to sit and take a breather along the way, plus a BBQ point. There is also a play park for young children.



Start: At Kvarnåsen ● above the bus station

Distance: 1,5 km

Woodpeckers and many other creatures live here. With a bit of luck, you may even see beavers on your walk - Climb up into the beaver tower and keep your eyes peeled.



Beavers, Castor fiber, are the largest rodents in Sweden. They can weigh 18-22 kg and grow up to 70-100 cm long, plus a tail of 30-40 cm. They are semi-aquatic and nocturnal, so they can be hard to spot. On the other hand, you can see various traces of them, such as felled trees and gnawed wood.

Very tough teeth

A beaver's incisor teeth grow continuously all their lifetime, about one centimetre per month. Their teeth have to be very tough to fell trees.

Beaver fur is made up of around 23,000 hairs per square centimetre of skin. This compares with no more than 600 hairs per square centimetre on human skin.

3 Sillebotten Nature & Culture Trail

Along these trails you will see places that offer reminders of what life was like in Sillebotten through the ages.

Everything from Stone Age cists at Korpeberg, locations with associated legends linked to old church trails, medieval pilgrim trails through Sillerud to 20th Century industrialisation with steamboats on Lake Östra Silen and rail traffic between Bör and Sillebotten.

You can enjoy all these sights plus numerous beautiful and ever changing nature experiences.

Good to know

The hiking trails are five and six km respectively and you can combine your walk with detours along forest paths in the area.

Allow plenty of time and wear suitable shoes or boots. Walking poles can be useful in some of the more difficult sections.

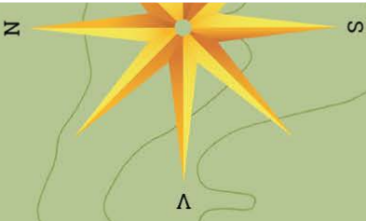
Start: At the guest harbour in Sillebotten

Distance: 5 km and 6 km



Follow the orange signs and have a fantastic day in our beautiful nature.





Start at the guest harbour
in Sillebotten ●



4 Trails in Holmerudsfors

The hiking trail runs from the marina up to the Hunting Lodge by Vägtjärn tarn, and is around 4 km each way.

The trail follows a gravel road up to the main road where it turns off southwards, and you then follow the trail eastwards into the forest after about 1 km. The trail is marked by painted orange rings around trees and posts. After a further 500 m in the forest, take a detour to Skeppstenarna and Rävehörn, that are made of up a large number of glacially deposited rocks dating from the Ice Age.

Here you can make a short detour around the rocks at Skeppstenarna and Rävehörn that will bring you back to Backen where the road crosses the river, and from there it is about 1 km back to the marina.

Rävehörn

Rävehörn means fox den in Swedish, and you have a good chance of finding one or two here. It has also been a popular destination for day outings over the years, and children armed with a torch, love exploring the many passageways among this huge pile of glacially deposited rocks.

Skeppstenarna

Skeppstenarna are glacially deposited rocks dating from the Ice Age. The rocks are a popular destination and a favourite play area for children. The name, Ship Stones, comes from their appearance and many games here revolve around sailing a boat.



Start: ● At the guest harbour in Holmerudsfors

Hunting Lodge Trail: 8 km both ways

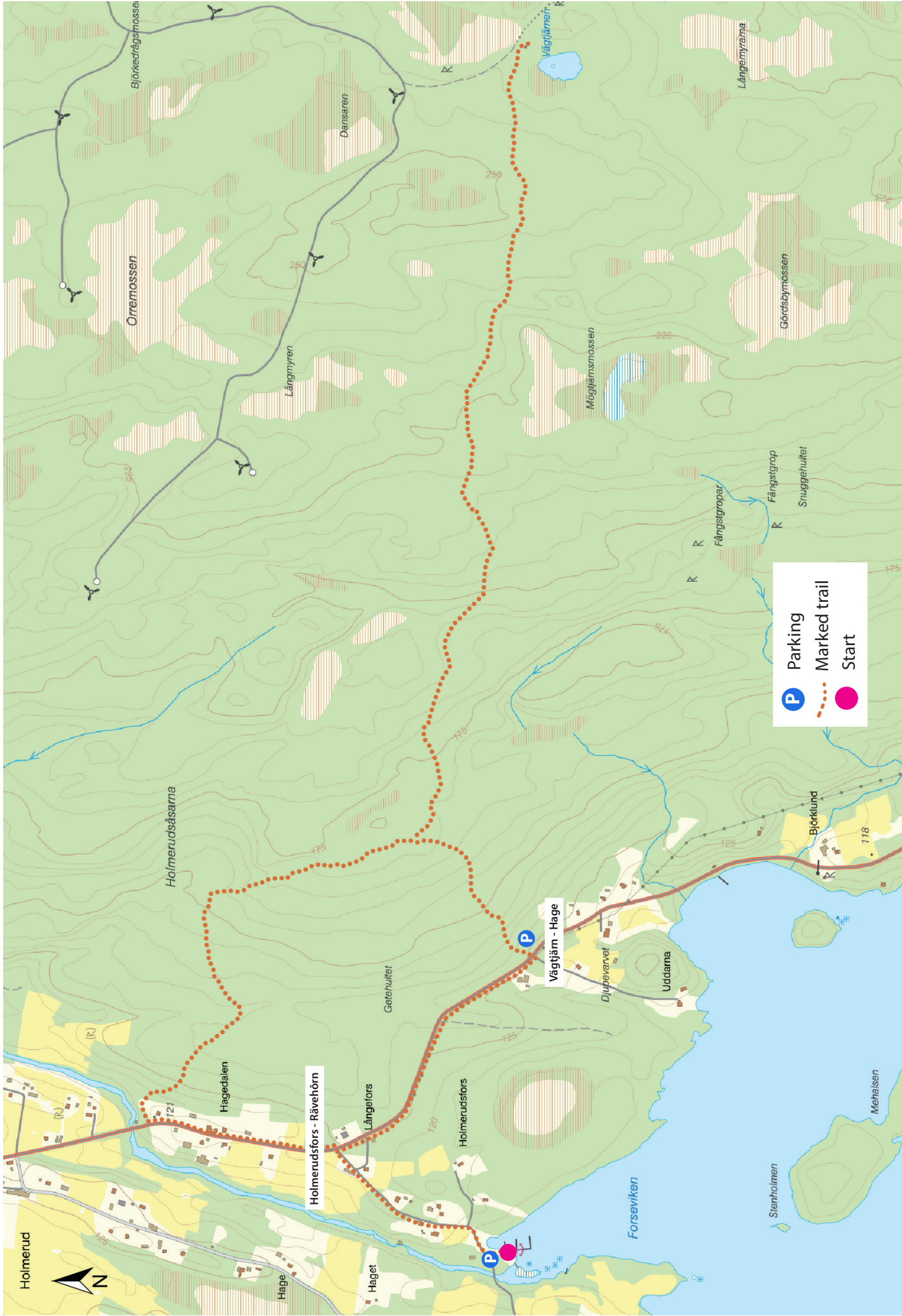
Detour Rävehörn & Skeppstenarna: about 3 km

The road is asphalt and gravel and about half of the loop consists of forest paths. There are a few inclines and declines along the way. Orange marks and signs at crossings.

TIP

Have a coffee break at Holmerudsfors gästhamn before or after your tour. There also is a nice little bathing point.

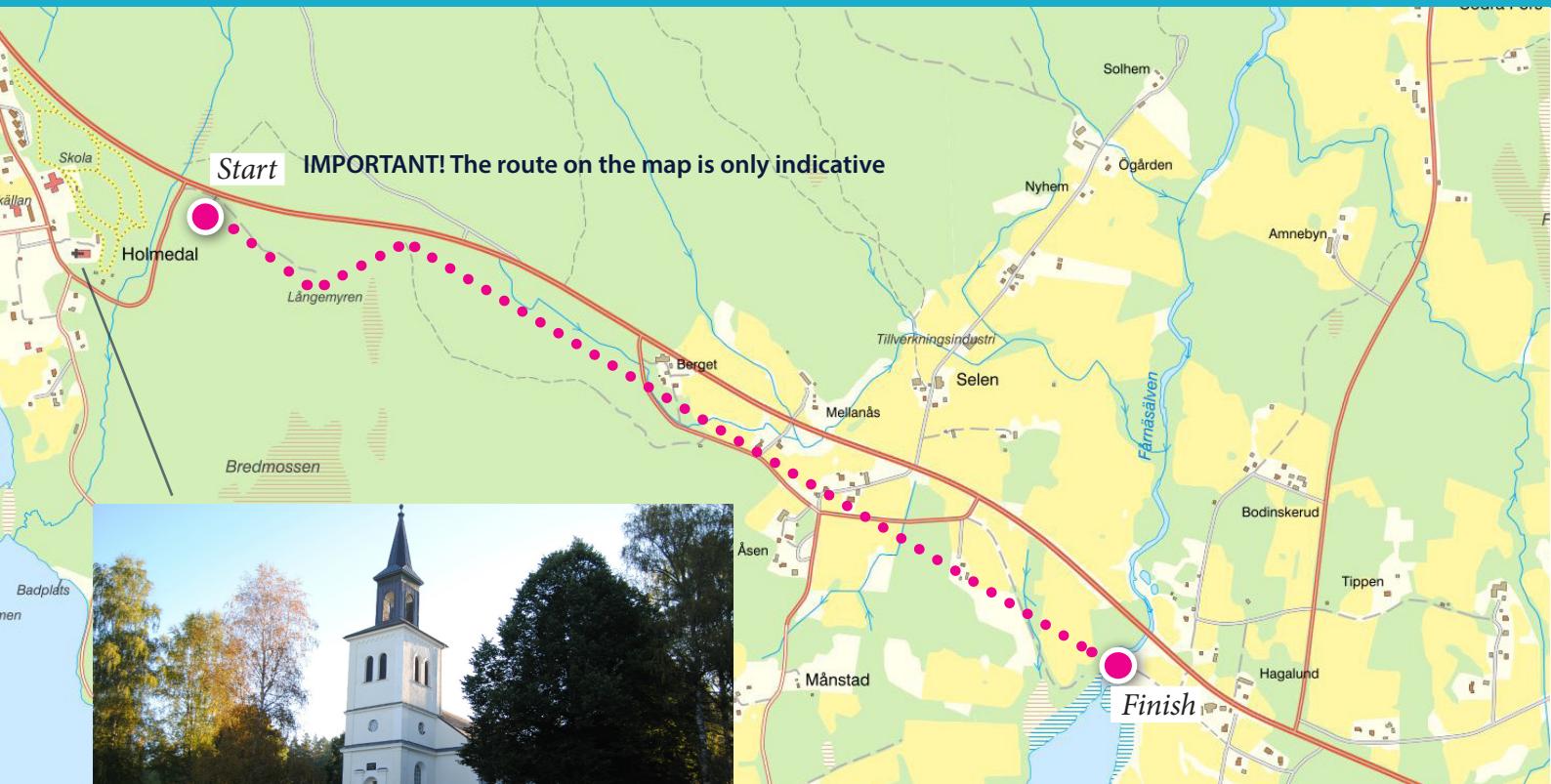




P Parking
— · — · — · Marked trail
● Start



5 Holmedal Church Trail



Holmedal is one of many church trails in Sweden. People have walked here for a very long time and very long distances.

Christianity became established in Sweden about a thousand years ago. More than a thousand churches were built in the country in the first centuries after that. People living in a district who attended the same church established a parish.

This added up to plenty of churchgoing, either on foot or by horse and cart.

Living near the church saved plenty of time, but anyone who lived far away could spend hours getting to and from church. Time they otherwise needed to rest or to do some chores. Because you were not allowed to work on Sundays. That was a rest day that should remain hallowed. Meeting people outside the church and sharing the latest news and gossip was also important and putting up with a bit



undoubtedly worth of hardship.

All this walking and travel gave rise to church trails and King Gustav Vasa passed an order that parishioners were required to ensure these church trails were always passable. It was important that people went to church.

Many of these church trails have long since fallen into disuse and the forest has reclaimed them. Over time, these church trails were replaced with other and better roads that were suitable for more modern forms of transport such as bikes, cars and buses. Sometimes, a parish built a new church when the old church had become too small, or even in a more convenient location.

Slowly but surely, these church trails were no longer needed.

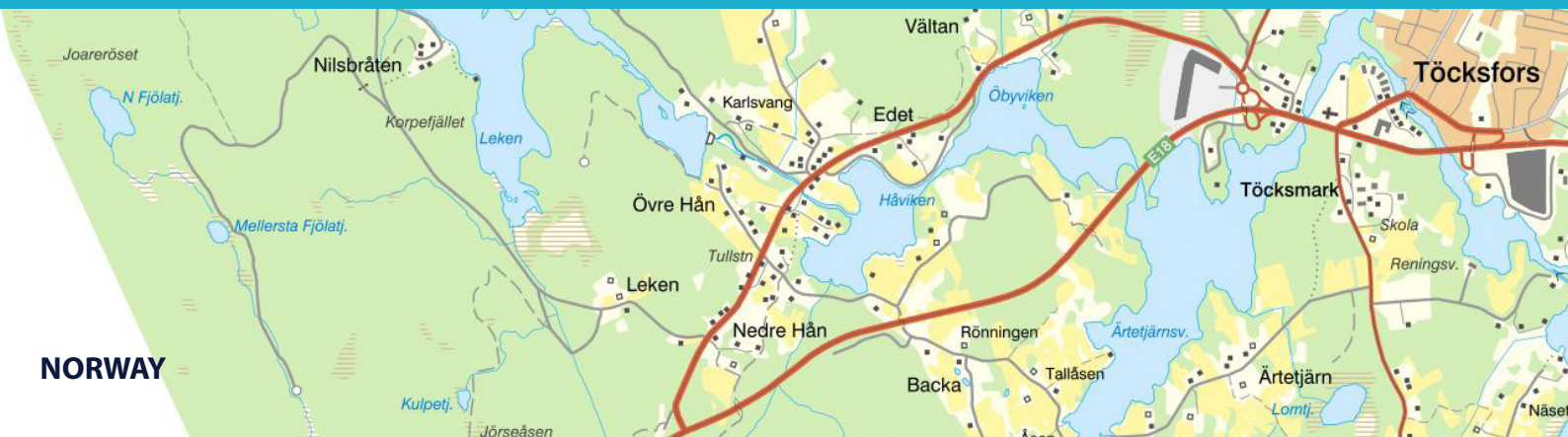
Start: On the E18 turn left at the sign "Holmedals kyrka". The trail starts short after the turn on the left side.

Distance: About 2,5 km one way. At the end of the trail lies a resting place.

Marks: No marks but signs along the way



Explore the border region 6



There are many exciting walking trails in the border region between Sweden and Norway. Some of them were even used as escape routes during the Second World War. At the Gulf petrol station in Töcksfors you can buy a map of the border region that includes detailed descriptions of things to do and see [here](#).

One of the trails is called the **Fugitive Route**. The name dates from 1982 when a local sports club took the initiative to organise the first Fugitive March along the trail.

Originally it was an old path between Klund and Rømskogen. The Fugitive March largely follows the routes border guides such as Arthur Gåseby and Ivar Skogstad used during the war. The trail was very noticeable in the post war years. However, it gradually started to become overgrown, but is now clearly visible again thanks to the hundreds of people who take part in the Fugitive March.

The route begins at Skogstad Farm. The first settlement we come to is Sletta, which was a farm in Söndre Gåseby, that was in use for a short period in the late 19th Century. The last owners emigrated to America in 1880.

Up on the ridge before you reach Bergtjern is a ledge called Högsätet that is a good place to take a break. Just before we get to Svartvannet the path passes the famous Bjønnestein, or Bear Stone, where Per Slupstad shot a bear that is mentioned in Rødene Farm book. Here at Bjønnestein, the old route heads northwards towards Orderudsetra.

The fugitive guides followed the routes marked on the map as it was probably safer during the war.

Start: The trail starts at the Skogstad farm.

Time needed: about 1,5–3 hours.

7

Walks in Töcksfors

Prästnäsrundan • The Red Heart Trail • Strandpromenaden



The Red Heart Trail

This trail takes you round Stubberudstjärn and to the Upper and Lower Lock area of Töcksfors.

From the starting point ● Kiosspark you cross the Upper Lock between Stubberudstjärn and Lake Töck. Keep left down through Slussparken with its expressive sculptures that were created as part of the 150th Anniversary celebrations of the Dalsland Canal.

On the other side of the canal you will see the old power station and newly renovated Töcksfors mill that dates from 1882. Both are important parts of the cultural heritage of the Upper Lock area.

After crossing under the E18, follow the ♥ on the trees along the 1 km forest path. You will pass the wastewater treatment works, round a small spit of land and then come up onto a gravel road. Keep to the left here. When you have passed a ranch you will see the Lower Lock area of Töcksfors in front of you. After crossing to the other side of the canal, follow the road

to the left of Herrgården until you reach a pedestrian and cycle path. Turn left and follow the path skirting the beach below the shopping centre. Just after you pass under the E18 you cross Sveavägen and keep left. Follow the road back to Kiosspark.



Start: At the information board at the Kiosspark

Distance: 3 km

The road is asphalt and gravel and about half of the loop consists of forest paths. There are a few inclines and declines along the way. Marked with red hearts.



Prästnäsrundan

Prästnäsrundan is an easy lakeside walk that takes you to beautiful Prästnäs, a spit of land jutting out into Lake Töck.

The 4 km trail starts at Kioskpark. From here, head across the Upper Lock between Stubberudstjärn and Lake Töck. Check out the fascinating sculptures in the lock area.

The walk takes you across a bridge and along Elgerudsvägen and then continues on a pedestrian and cycle path to the residential area of Prästnäs. Follow the path through the residential area. You can go clockwise or anti-clockwise, it is your choice. After walking around the spit, take the same route back to Kioskpark.

Start: At the information board at the Kioskpark

Distance: 4 km

The road is asphalt and gravel and works fine even for wheelchairs and baby carriages.
No inclines and declines. Not marked.



Strandpromenaden

Strandpromenaden is a short circular walk along the east bank of the canal above the Upper Lock.

Start at ● Kioskpark and cross Sveavägen. Ahead you will see a large metal casting hammer that represents the ironworks era in Töcksfors. Keep left and cross Bögatån. Turn left at the sign for Strandpromenaden between the Waterside Restaurant and Healthcare Clinic and follow the pedestrian and cycle path.

Walk along the leafy edge of the beach and then turn right and go back through the residential area via Sjöviksvägen. When you reach Bögatån turn right and this will take you back to Kioskpark.



Start: At the information board at the Kioskpark

Distance: 1 km

The road is asphalt and gravel and works fine even for wheelchairs and baby carriages.
No inclines and declines. Not marked.



8 Glaskogen Nature Reserve

Getting to experience Glaskogen Nature Reserve must be one of the highpoints of the year for anyone who loves to spend time in nature. Not only is the area one of the most beautiful in Värmland, but it is also rich in a wide variety of flora and fauna.

The area has plenty of walking and canoeing trails for both longer and shorter outings. You can find your own peaceful lake to swim or fish in. There is no risk of crowding in the forest, the Nature Reserve covers an area of 28,000 hectares, with around 300 km of walking trails.



If you want to embark on a wilderness adventure, Glaskogen is the place for you. Before heading off on your outing, we recommend you to buy the Glaskogen map.

The map will show you the way to all the shelters, cabins, places to swim and other sights worth seeing. You can buy a map at various outlets, including Hotell Årjäng, Silleruds Station and the information centre in Lenungshammar or at www.glaskogen.se.

The Glaskog Card

Whether you intend to walk, fish or paddle a canoe, a Glaskog Card offers numerous worthwhile benefits. The card is very reasonably priced and available in two versions, one for fishing, and the other to use other facilities in Glaskogen such as cabins, shelters, picnic areas and walking trails. If you buy both cards, you can stay overnight in the basic cabins and shelters, and fish in most waters within the Reserve, such as fly fishing, angling, ice fishing, coarse fishing, or with baited nets.



Have Swedish Fika

Have a coffee break in Lenungshammar at Café Carl. They serve tasty waffles and other dishes.

Sculpture Walk



A pleasure for both body and soul.

Take a picnic and enjoy works of art on a wonderful sculpture walk starting at Årjängstrollet.

Many of the sculptures are of Bohus granite. There are also two amazing murals along the way and a metal monument to a son of Årjäng, Viktor Sjöström, a world famous film director and actor, featuring scenes from his films such as *The Phantom Carriage* and *Wild Strawberries*. There are 15 artworks in total along the 3 km walk that takes you through the centre of Årjäng, and along Lake Västra Silen to Kyrkeruds Folkhögskola.

We recommend. Take a trip to Töcksfors where you can see two more exciting sculptures in Kanalparken by the Upper Lock.

You can find a digital map at:

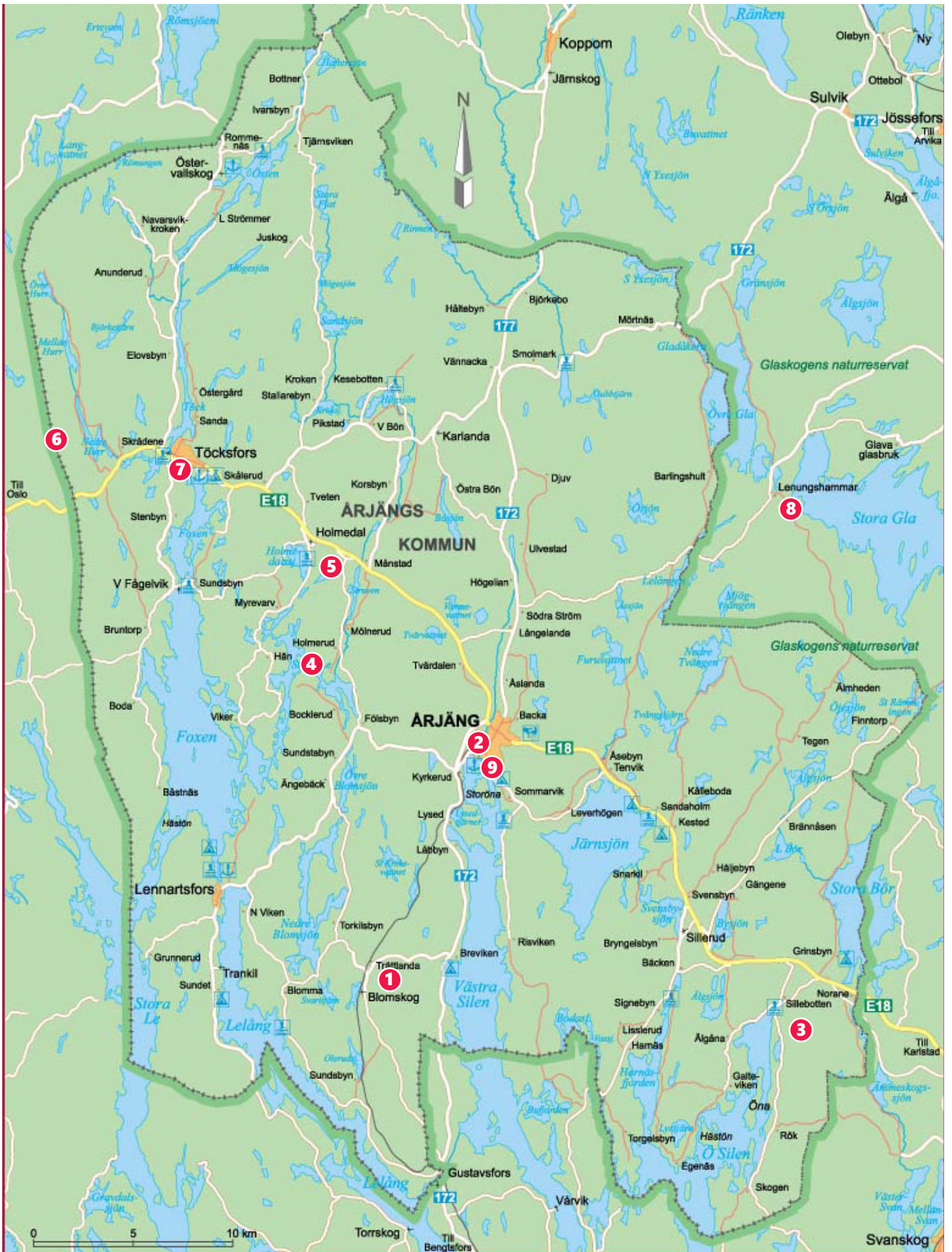
www.bit.ly/skulpturpromenad

We also have a sculpture walk brochure. You can collect a copy at Visit Årjäng Info points or download it via the QR code on the right.



Start: At Hotel Årjäng

Distance: About 3 km - one direction



visitarjang.se

