

CYCLING IN KRISTINEHAMN

a part of
VÄRMLAND









 By the lake
VÄNERN



Visit
Kristinehamn
visitkristinehamn.se

- 1. Väse — Östervik 6 - 7
- 2. Östervik — Presterud 8 - 9
- 3. Presterud — Kung 10 - 11
- 4. Kung — Brattsand 12 - 13
- 5. Brattsand — Hygn 14 - 15
- 6. Hygn — Gullspång 16 - 17
- 7. Rudskoga — 100 km 17
- 8. BjörkvalLEN 18 - 19
- 9. KRCK-banan 20 - 22
- 10. MTB-leden 22 - 23
- 11. Hultet 24 - 25
- 12. Sättra 26 - 28

- ## SYMBOLS
-  Lake Vänern national cycling trail/ Vänereden
 -  Roundtrip
 -  Biking Värmland, MTB (Mountain bike trail)
 -  Hiking trail
 -  Lake Skagern roundtrip
 -  Nature reserve

Oslo
Karlstad

1

Vänereden
from Väse

Ölme

Mora
Filipstad
Storfors

2

Väse
Gustavsvik
19,9 km

11

Kristinehamn

12

Stockholm
Karlskoga



Scan the QR-code for Naturkartan

Naturkartan.se/kristinehamn
Naturkartan.se is a digital map of hiking trails, campfire pits, nature reserves etc. The app is free and uses international signs that may help you. Download on Google Play or App Store. Choose Värmland and Kristinehamn.

Where to stay

Väse — Gustavsvik, p. 6-7
Ölme Prästgård 0550-333 33
Bo hos Nancy i Ölme 070-748 11 68
Elofstorp 070-321 53 53







Gustavsvik — Presterud, p. 8-9
Strandgården 0550-800 60
Hotell Marieberg 0550-173 40
Park hotell 0550-150 60
Sockerstallet 0550-105 50
Stadshotellet 0550-122 00
City hotell 0550-122 00
Hotell Bro 0550-173 40
Herrgårdscampingen 0550-102 80
Krongården 0550-213 813

Presterud — Kungens rastplats, p. 10-11
B&B Karaby gård 070-268 60 34

Kungens rastplats — Brattsand, p. 12-13
Revsands camping 070-695 25 08
Svedjegården 073-948 51 25



CYCLE-FRIENDLY HOST

-  Locked bicycle storage
-  Possibility to clean bike
-  Borrow tools for repair
-  Drying facilities for clothes
-  Good knowledge of the trail, Vänereden
-  Information about public transportation

Hotell Marieberg, Hotell Bro, Karaby Gärd Bed and Breakfast, Bo hos Nancy i Ölme, Stätt i Kristinehamn, Kristinehamn Herrgårdscamping, Park hotell, Hostel Svedjegården, Ölme Prästgård

Riding on a railway track

Try riding a trolley on a railway track. The rental is at Konsterud and you can choose to either ride north toward Delegerfors or south toward Gullspång. This is a small adventure into the wild. The rest areas along the way provide nice sites for a picnic or just for a stop to pick wild strawberries, blueberries, or mushrooms.



Scan the QR-code for dressinbanakonsterud.se



Photo frontpage:
Ulf Franz
Photo hearts p. 20, 23, 25, 27:
Roger Borgelid, Visit Värmland
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Visit Kristinehamn
Print:
May 2023

7

Hygn —
Gullspång
10,9 km

Brattsand —
Hygn
23,4 km

Nybble

Bäckhammar

Mariestad
Gullspång



Photo: John Persson



Photo: Mostphotos

Bring a picnic

There are many rest areas along the trails, so don't hesitate to bring a picnic or bring take-away from one of Kristinehamns many restaurants.

RIGHT OF PUBLIC ACCESS

Cycling is a wonderful way of getting around, and the right of public access allows you to cycle both on gravel roads and on paths in the forest. But you must show respect and consideration. You are not to cycle too close to private property, those who live there must not be disturbed. How close you can pass depends on how big the risk is to disturb.

ADJUST YOUR CHOICE OF TRAIL AND SPEED

It is possible to cycle in a way considerate to nature. Always adjust your choice of trail and speed to cause as little disturbance as possible.

IT IS FORBIDDEN TO RIDE A BIKE IN CERTAIN AREAS

It is forbidden to ride a bike in gardens, plantations, park plantations, newly planted wood areas, arable land, and areas of growing crops.

KEEP THE FOLLOWING IN MIND:

- Avoid soft trails in spring and autumn when the ground is wet.
- Avoid cycling on rounded rocks, flower fields, soft bogs and marshes, for examples.
- Adjust your speed to the conditions of the ground.
- Rough tread on tires can cause damage to fragile trails.
- It is forbidden to ride a horse or bike on the exercise trails at Hultet, Presterud, Björkvallen, Ölme, Björneborg, Bäckhammar and Rudskoga.
- At Hultet you must follow the bicycle signs and it is forbidden to cross the exercise trails.
- At Presterud, it is not permitted to cycle on the 3 km track.
- It is forbidden to ride a bike on all hiking trails, unless otherwise stated.

ELECTRIC BICYCLES NOT ALLOWED

You may not use electric bicycles in the forests or countryside and not on trails or paths, unless landowners have specifically allowed it.



visitvarmland.com/kristinehamn/en/tips-och-guider/cyklakristinehamn/
facebook.com/visitkristinehamn @visitkristinehamn



Vålösundet
Foto: Tomas Herrman

CYCLING IN KRISTINEHAMN



Kristinehamn has a lot to offer to those who enjoy cycling, both for the racing enthusiast and for those who prefer a slower pace. There are bike trails along the lake, trails that pass quaint red houses, and trails that run along village streets and gravel roads in the forest. Choose between the national biking trail called Vänerleden (640 km), mountain bike trails, regular bike trails, the trail around Lake Skagern, or any of the recommended tours in this leaflet (no signs).

The national bike trail **Vänerleden** runs around the largest lake in Sweden, Lake Vänern. On pages 6-17 you'll find detailed descriptions of the 86,6 kilometres trail that go through Kristinehamn. Vänerleden is marked with red signs.

"You're only a ride away from a happy mood" - Sarah Bentley, Great Britain

"It's the unknown that leads the way" - Heinz, Germany

Mountain bike trails can be found in three locations: Björkvallen, Sättra, and Hultet. They run through varied terrain. The shortest is 3 km and the longest is 18 km. Each trail is rated by degree of difficulty and signs provide all the information you need for an enjoyable ride. Read more on pages 18-27.

Bike rentals:
If you don't have a bike of your own, you can rent both regular and electrical bikes for a either day or a few hours.

Prices for 2023:
Stadshotellet (summer) +46 550 - 122 00.
Price from: 200 SEK/dag.
Team Sportia +46 550 - 107 01.
3 gears: price from: 250 SEK/24H.
Electric: price from: 400 SEK/24H.

Bring your bike on public transports
Some trains, buses and boats allow you to bring your bike. The train between Degerfors and Charlottenberg is one example.



Värmlandstrafik

1-6 VÄNERLEDEN

640 km

1. Väse — Östervik

19,9 km

Follow the signs from **the village of Väse** to **Strandvik**. Strandvik is located close to lake Väner. Find your own spot and enjoy the view or a dip in the lake.

Get back on your bike and continue along the marked trail until you reach **Ölme kyrka**. This white church is from 1788 and some of the buildings surrounding it are also very old. Just east of the church is a gravesite from the Iron Age.

Hungry? The restaurant at **Ölme Prästgård Gästgiveri** (on the opposite side of E18) has wonderful menus (opening hours vary over the year).

Continue along the trail that runs parallel to E18. **Stolpens rastplats** has a small shop, toilets, and a restaurant serving homemade hamburgers (**Burger House**).

In the village om Ölme you find the shop **Ölmejlus diversehandel**. Stop here and make a journey back in time. The shop has an interior from the early 20th century. The shop also sells local crafts and homemade candles

A winding country road takes you from Ölme to Gustafsvik and Östervik where there is a lot to see.

Roundtrip

From Ölme Prästgård Kummelön tour

28,8 km

Be careful when crossing E18. Follow the trail along the road for a few 100 meters then take a left toward the church (Ölme kyrka) and the nature reserve Kummelön. At the nature reserve, you'll find old oak trees, rare plants, and a rich bird life.

Activities along this stretch can be found on page 7. Continue past Strandvik and take the second road to the right to get back to Ölme Prästgård.

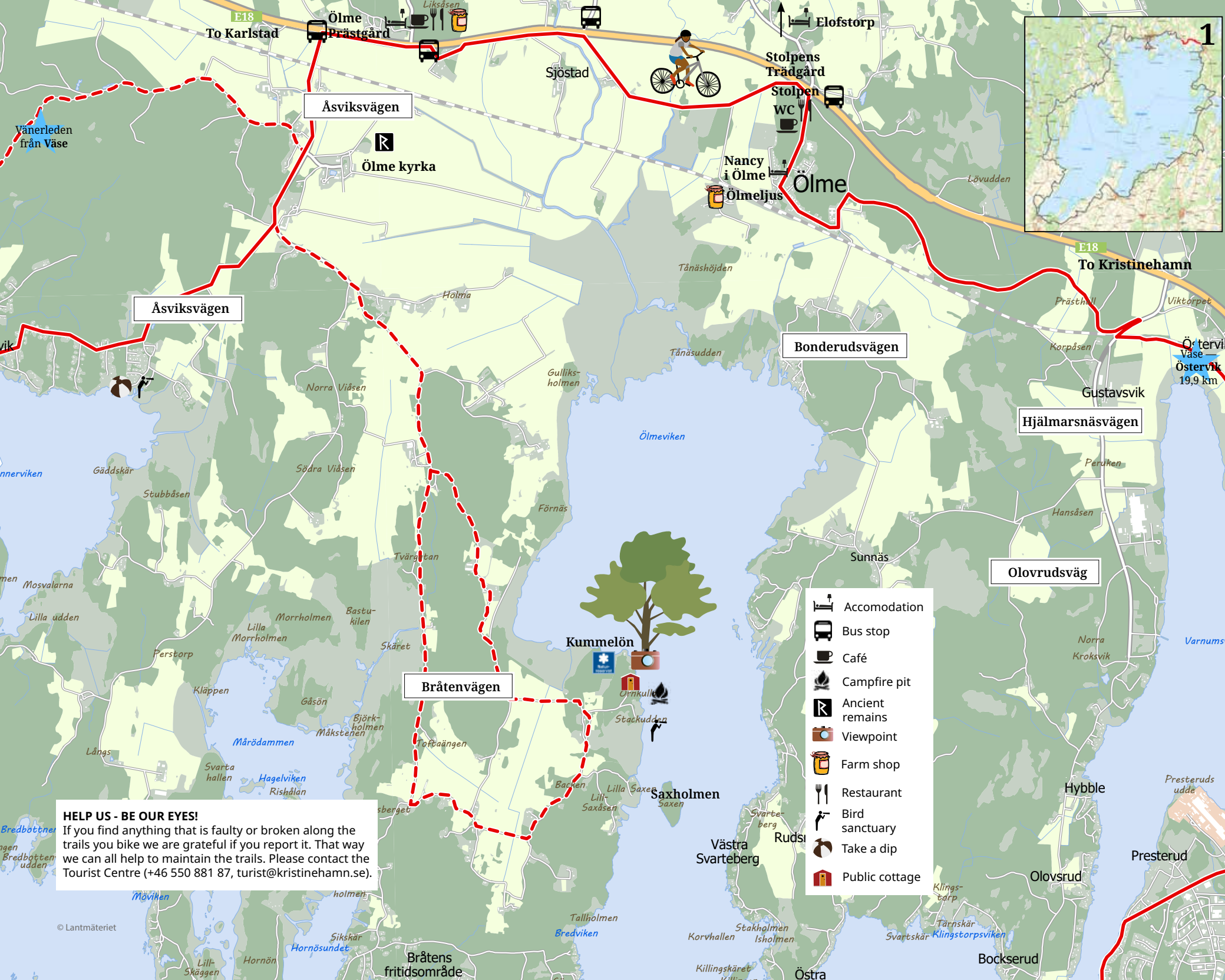
From Nancy i Ölme East Varnum tour

17,5 km












Cycle the Vänerleden on the leafy paved road that runs nearby the E18 to Östervik's chapel.

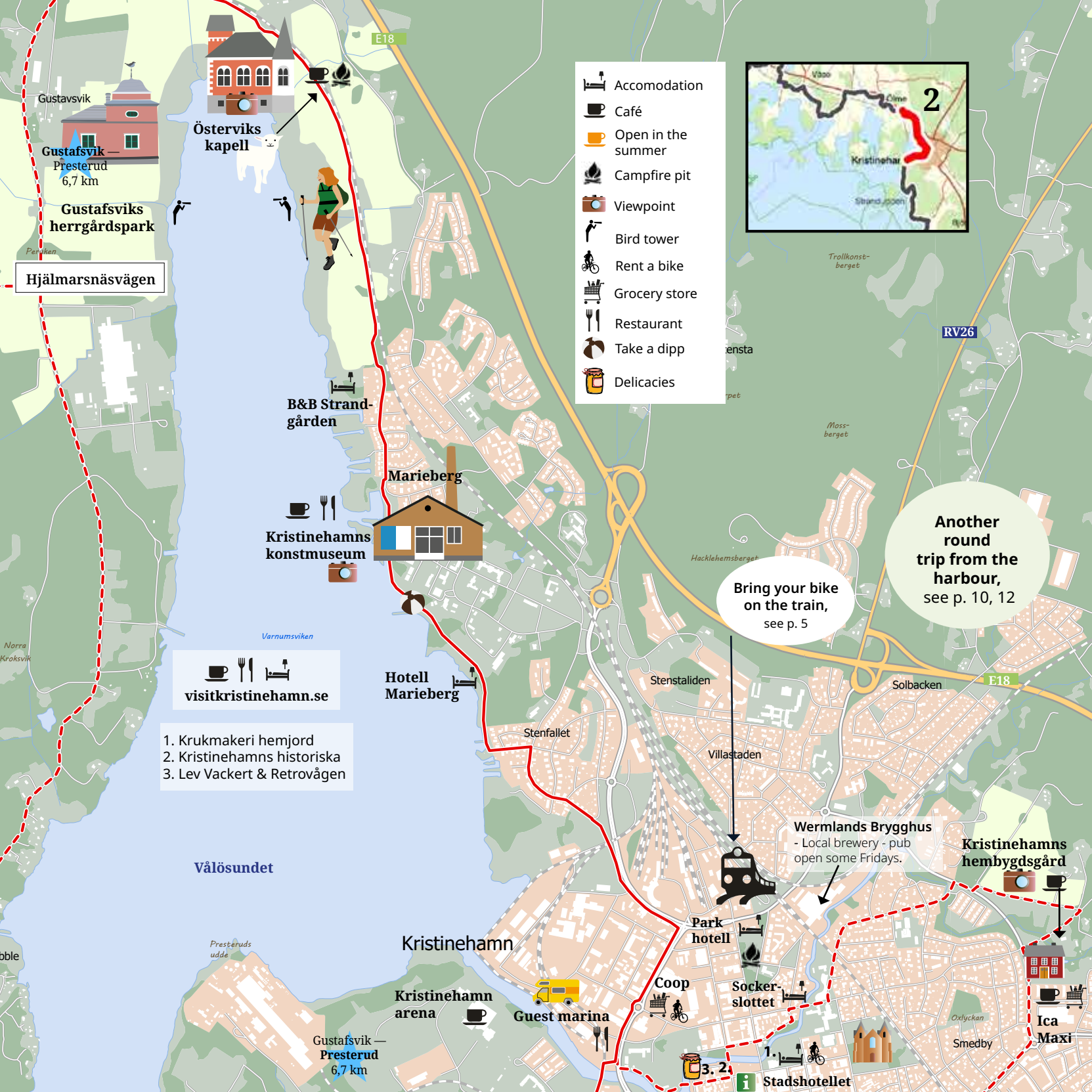
Feel free to take a break and marvel at the exciting chapel, say hello to the animals at the city farm and check out the birdlife. More info, see page 9.

Then pedal the trail Vänerleden back to Ölme.



HELP US - BE OUR EYES!
If you find anything that is faulty or broken along the trails you bike we are grateful if you report it. That way we can all help to maintain the trails. Please contact the Tourist Centre (+46 550 881 87, turist@kristinehamn.se).

-  Accomodation
-  Bus stop
-  Café
-  Campfire pit
-  Ancient remains
-  Viewpoint
-  Farm shop
-  Restaurant
-  Bird sanctuary
-  Take a dip
-  Public cottage



- Accomodation
- Café
- Open in the summer
- Campfire pit
- Viewpoint
- Bird tower
- Rent a bike
- Grocery store
- Restaurant
- Take a dip
- Delicacies



Another round trip from the harbour, see p. 10, 12

Bring your bike on the train, see p. 5

1. Krukmakeri hemjord
2. Kristinehamns historiska
3. Lev Vackert & Retrovägen

visitkristinehamn.se

Trädgårdsgatan
Photo: Visit Kristinehamn



VÄNERLEDEN

Roundtrip

Guest harbor 27 km
Guest Marina tour

Start at the marina (Gästhamnen) and follow the cycle trail Vänerleden (direction Karlstad) to **Gustafsvik**. From Gustafsvik continue south on Hjälmarsnäs-vägen along the dotted route described on page 6.

After visiting the **village of Ölme** you return to the marina by following the signs for Vänerleden.

2. Östervik — Presterud



6,7 km

If you want to check out the rich bird life, there are several options. You have a bird tower at **Gustafsvik**, down towards the water and another one at the other side of the bay at Östervik. There is also a nice rest area amongst the trees on the eastern side of the bay. For a funfilled experience, try go-karting on the other side of E18 (opening hours vary over the year).

the campfire pit all year round. Café with limited opening hours.

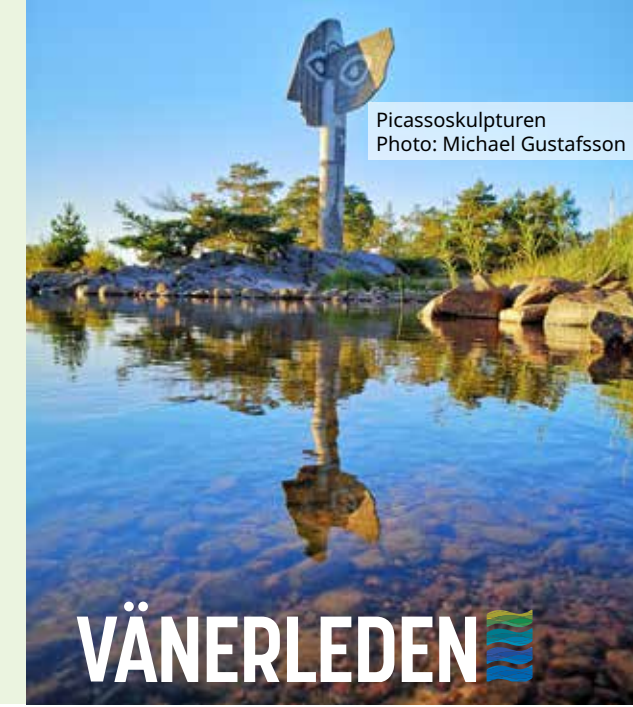
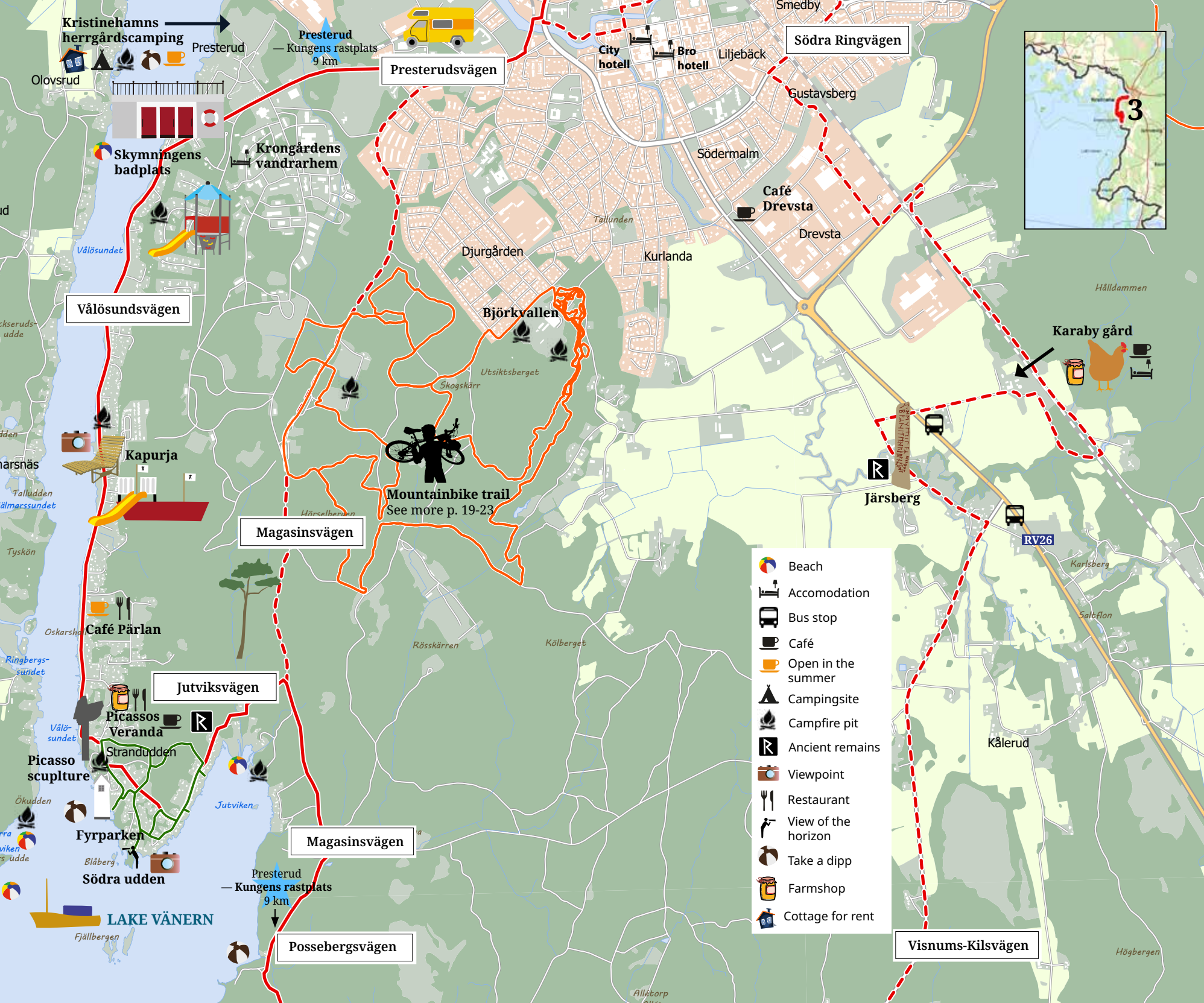
In the beautiful old hospital area of **Marieberg**, built in 1883, you'll find the Art Museum - **Kristinehamns konstmuseum**. The museum specialises in modern art and has an Italian restaurant serving lunch, coffee and dinner and a small shop. In the area you also find a playground, a large park, and a Second-hand store. The park was created by the patients, gardeners, and overseers of the hospital. Don't miss the Pavilion at the pond (Svandammen).

Now you are close to the center where you can find restaurants, bakeries and coffee shops. Take a break and visit e.g. **Krukmakeri hemjord (1)**, the **Historical Museum (2)** and the **Lev Vackert shop (3)**. In the city center there are unique shops, old houses, historical signs, a digital quest, bridges and parks. Join **Mrs. Nordenfeldt** on a city walk back to the 18th century. You will find more tips on what you can do at visitkristinehamn.se or Kristinehamn's tourist office.

Follow the signs for Vänerleden, direction Kristinehamn (east). Soon you'll see an old chapel (**Österviks kapell**). This was once the home of the famous sculptor and artist Eric Rafael Råberg. The chapel is open during summer and has a fascinating garden and a nice view. **Stadsbondgården** next to the chapel is a public farm. Meet the animals and use

Cycle along the water and residential areas to get to **Kristinehamns Gästhamn/Guest marina** which has a guest marina, motorhome parking and miniature golf.

Leave the town center and follow the signs for Vänerleden leading south.



Picassoskulpturen
Photo: Michael Gustafsson

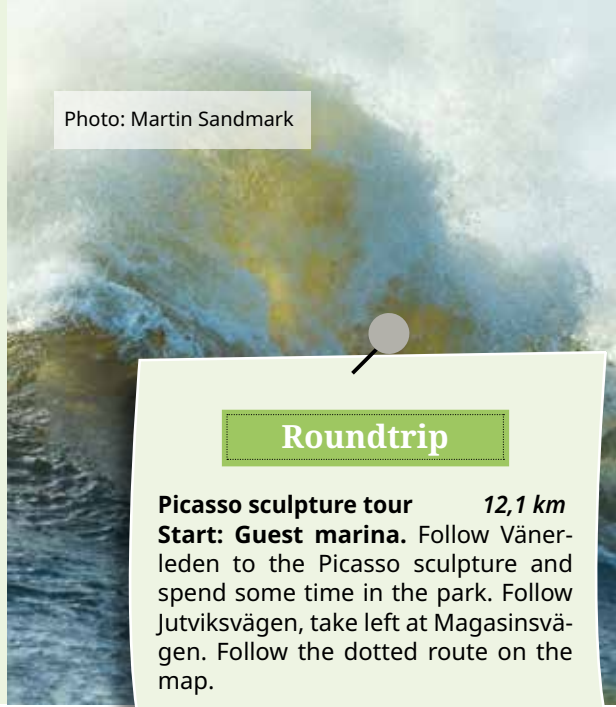


Photo: Martin Sandmark

Roundtrip

Picasso sculpture tour 12,1 km
Start: Guest marina. Follow Vänerleden to the Picasso sculpture and spend some time in the park. Follow Jutviksvägen, take left at Magasinsvägen. Follow the dotted route on the map.

3. Presterud — Kungens rastplats 9 km

Presterud is the name of the area next to the popular campsite **Kristinehamn Herrgårdscamping och stugor**.

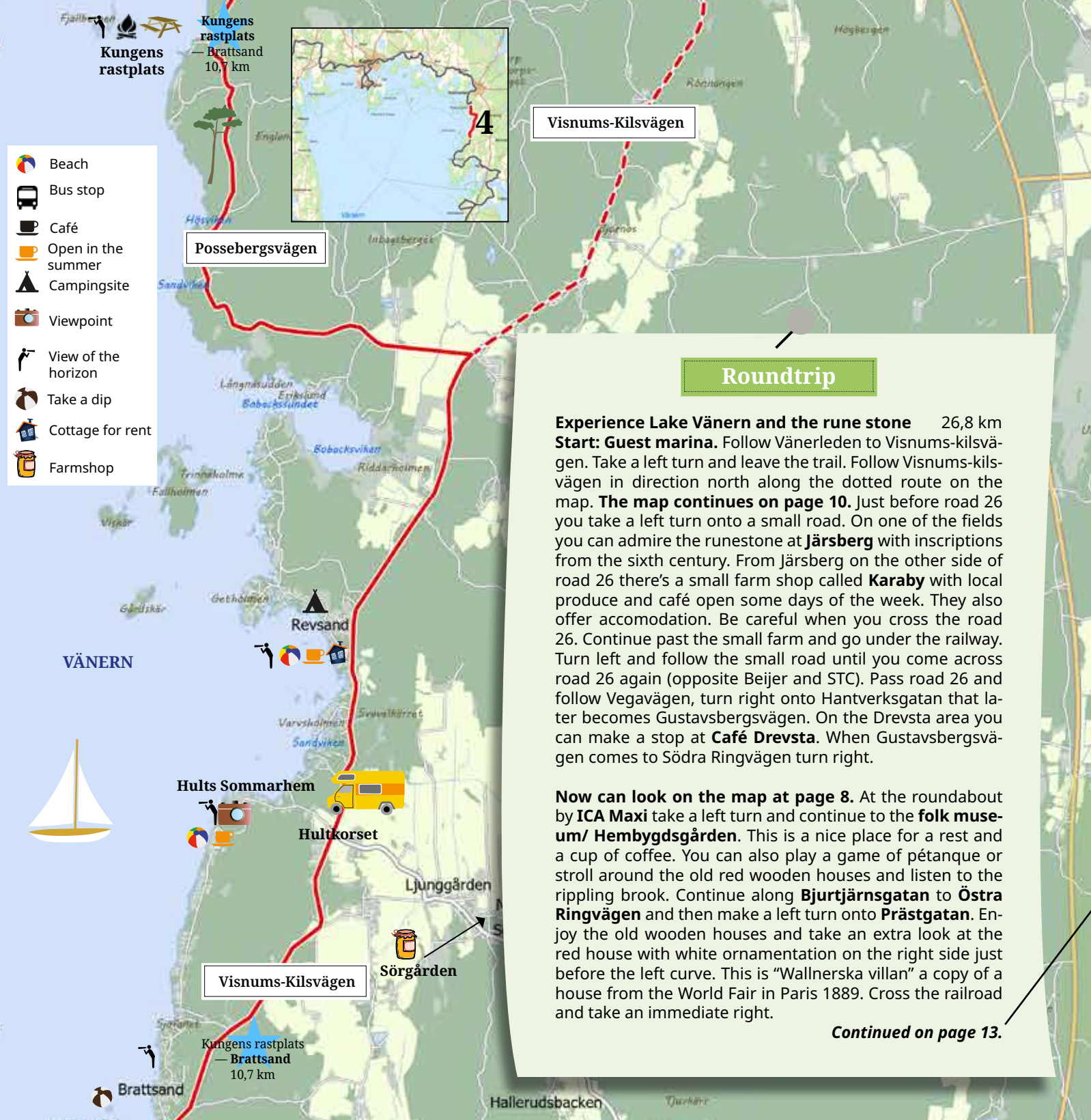
Take a right turn at the exit to the campsite and you will have the beautiful manor called **Presteruds Herrgård** right in front of you. Lead your bike along the side of the lawn and enjoy the view of **Vålösundet**, which is part of lake Vänern. Continue towards the Picasso sculpture, one of the most beautiful stretches of Vänerleden. The trail runs along the water for almost 4,5 km and offers several chances to admire the horizon. Enjoy ice-cream, coffee or dinner along the way.

At the world's highest monumental sculpture by Pablo Picasso, you should take the opportunity to park your bike. Visit both viewpoints - they give a completely different impression of the sculpture. Make sure to see it from the lake side, looking towards

the horizon. In summer there is a Tourist info point here. Do you want to get active but are tired of the bike saddle? Jacqueline's nature trail, 2,5 km, starts near the Picasso sculpture. It is a pleasant walk with several nice viewpoints.

After the Picasso sculpture, the bike trail continues through an area of houses. Take a right turn to **Fyrparken** for a dip in the lake or to enjoy your picnic. Follow the trail and turn right on **Magasinsvägen**. The first road to the right takes you to a beach with a great view and outdoor toilet.

The trail follows **Magasinsvägen** that becomes **Possebergsvägen**. This takes you through a forest where you might find wild berries or mushrooms. You pass roads that lead to 2 viewpoints: Värnanäs and Kungens rastplats. At Kungens rastplats there's a campfire pit and wind protection.



Roundtrip

Experience Lake Vänern and the rune stone 26,8 km
Start: Guest marina. Follow Vänereden to Visnums-kilsvägen. Take a left turn and leave the trail. Follow Visnums-kilsvägen in direction north along the dotted route on the map. **The map continues on page 10.** Just before road 26 you take a left turn onto a small road. On one of the fields you can admire the runestone at **Järsberg** with inscriptions from the sixth century. From Järsberg on the other side of road 26 there's a small farm shop called **Karaby** with local produce and café open some days of the week. They also offer accomodation. Be careful when you cross the road 26. Continue past the small farm and go under the railway. Turn left and follow the small road until you come across road 26 again (opposite Beijer and STC). Pass road 26 and follow Vegavägen, turn right onto Hantverksgatan that later becomes Gustavsbergsvägen. On the Drevsta area you can make a stop at **Café Drevsta**. When Gustavsbergsvägen comes to Södra Ringvägen turn right.

Now can look on the map at page 8. At the roundabout by **ICA Maxi** take a left turn and continue to the **folk museum/ Hembygdsgården**. This is a nice place for a rest and a cup of coffee. You can also play a game of pétanque or stroll around the old red wooden houses and listen to the rippling brook. Continue along **Bjurtjärnsgatan** to **Östra Ringvägen** and then make a left turn onto **Prästgatan**. Enjoy the old wooden houses and take an extra look at the red house with white ornamentation on the right side just before the left curve. This is "Wallnerska villan" a copy of a house from the World Fair in Paris 1889. Cross the railroad and take an immediate right.

Continued on page 13.



Kungens Rastplats
 Photo: Marie-Louise Blomqvist

VÄNERLEDEN

4. Kungens rastplats — Brattsand 10,7 km

Continue going south. You will get to **Visnums-kilsvägen** where you take a right turn. The road is paved, and you now pass through a rural area with fields, forests, and houses. After 2 km you reach an exit to the left leading to a camp site called **Revsands familjecamping**. This is a spot perfect for a rest, a dip in the lake and a picnic. The view is wonderful. Another lake view is 1,5 km further south.

Take a right turn and follow the signs for **Hults sommarhem** (700 m) which has a beach, secondhand shop and a café open in the summer. Instead of a right turn for **Hults sommarhem** you can choose to make a left turn and go to **Vike**, a small countryside village with active farmers. In Vike you get a feeling of traveling back in history. The road winds crookedly along the houses and buildings clustered on the ridge. In the past, farmers could not possibly imagine building a house on good farming land. The name Vike means bay, because a bay from the lake once went all the way up here. The small farm shop **Sörgården** has limited opening hours. Say hi to the hens and buy some local produce for your barbeque.

Stay on **Visnums-Kilsvägen** until you get to **Brattsand** and another glimpse of the lake.

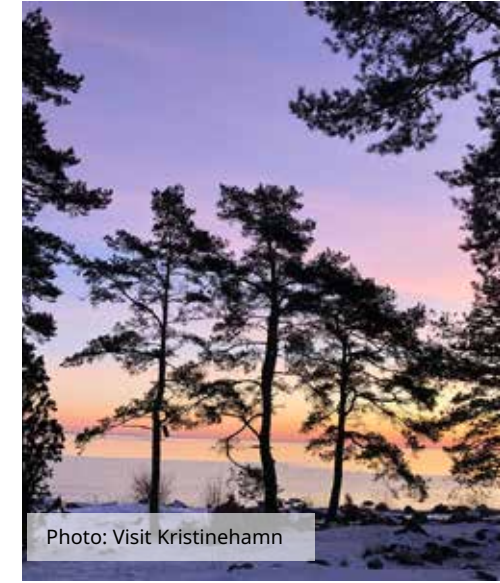


Photo: Visit Kristinehamn

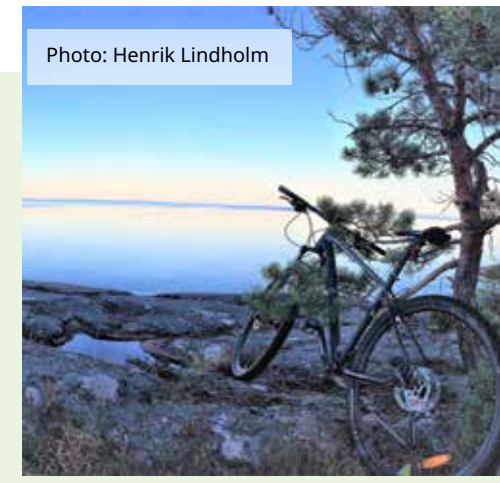





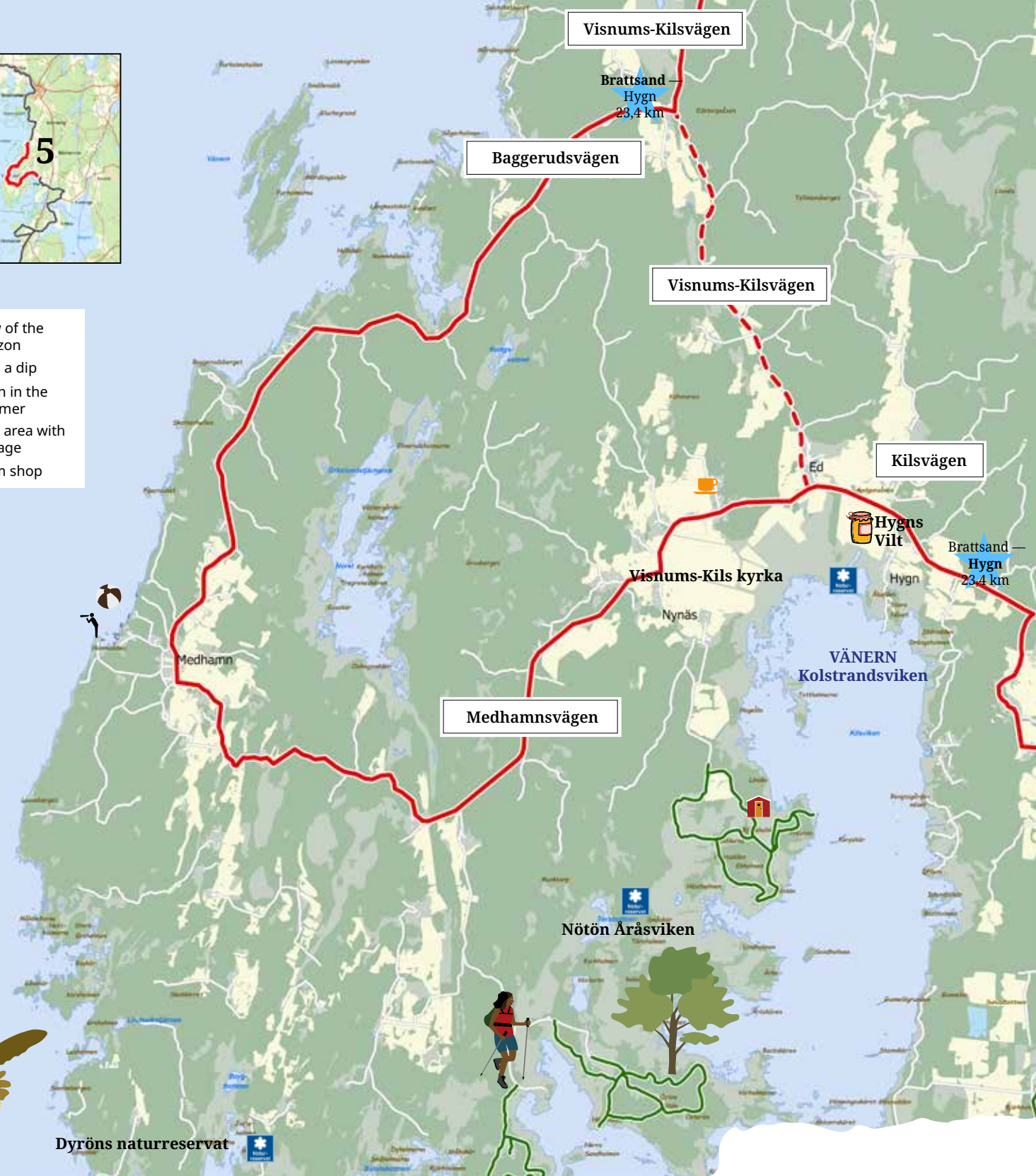


Photo: Henrik Lindholm

Continued from page 12: Cross the bridge and take left onto **Fabriksgatan**. Cross **Norra Staketgatan** and take a right turn onto **Trädgårdsgatan**. You are now in Kristinehamn's city center and on a road from the 19th century. Cross **Kungsgatan** and take a left turn at **Västerlånggatan** to cross the bridge. Admire the yellow wooden house (Wahlundsgården) on your right-hand side. This was built around 1805. Choose to make a left turn and visit the city center (recommendations on p 8). You can also take a right turn and visit the small shop **Retrovågen** (2). This is a deli with local produce and retro products. Continue on Hovslagaregatan past the old wooden houses and before the bridge, to the left, is a shop with interior decorations **Lev Vackert** (3). It is housed in a building from the 16th century once moved here. Cross the bridge and go straight through the park and underneath the road. You are back at the **Guest marina/ Kristinehamns Gästhamn**.



-  View of the horizon
-  Take a dip
-  Open in the summer
-  Rest area with cottage
-  Farm shop



5. Brattsand - Hygn

23,4 km

Continue south on **Visnums-kilsvägen** for another 6 km. If you are in a hurry, and cycle a longer stretch of Vännerleden, you can take a shortcut and continue Visnums-Kilsvägen straight until you reach **Kilsvägen**.

Vännerleden passes by **Medhamn** and the old fishing port (you need to leave the trail to see it). After Medhamn you can take a hiking detour to **Dyrön** (5 km), a nature reserve with a wonderful view, or go for a hike at **Nötön-Åråsviken**. Three short quality marked hiking trails with nice views of the lake.

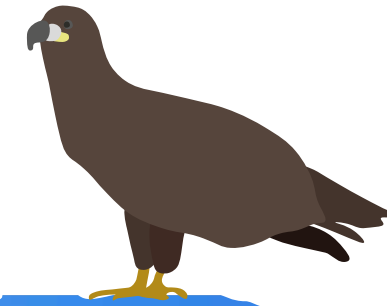
Continue and you will pass the village Visnums-Kil with dwellings from the Iron Age. Four old graveyards and several manor houses date back to the 16th and 17th century when the area belonged to the wealthy monastery at Riseberga.

The stone **church at Visnums-Kil** was built in 1756 and has a tall steeple. A Madonna from the 11th century and an altar piece from the 15th century are preserved and remain. On summer Sundays coffee and cakes are served in the **folk museum**.

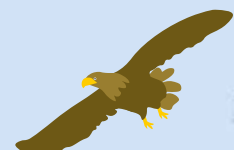
Hiking trails **Prästön and Linsön** (Nötön-Åråsviken) are located east of Visnums-Kil. Stay for a hike or spend the night, a small cottage can give shelter. Continue by passing the crossroad at Ed, **Kilsvägen**. This is where the shortcut joins the Vännerleden trail again.

The area on the right-hand side is renowned for its rich bird life. A bird tower is located a few hundred meters from the road, follow the signs.

The deer in the fields belong to the farm Hygns gård, and you can buy deer meat and other wild meat in their shop **Hygns Vilt Gårdsbutik**.



VÄNERLEDEN



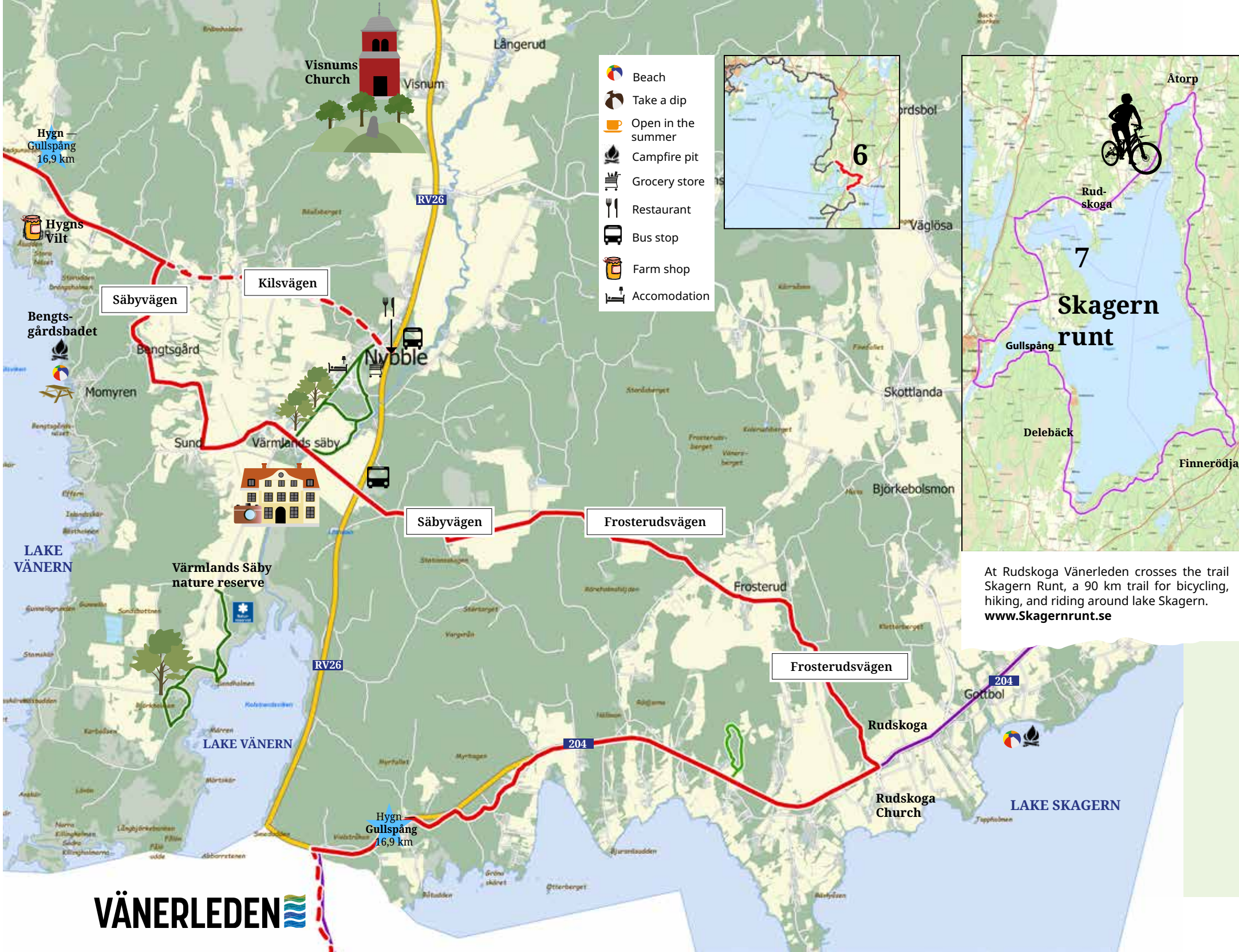
Dyröns naturreservat

Dyrön
Photo: Visit Kristinehamn



Read more about hiking in Kristinehamn





- Beach
- Take a dip
- Open in the summer
- Campfire pit
- Grocery store
- Restaurant
- Bus stop
- Farm shop
- Accommodation

6. Hygn — Gullspång 16,9 km

16,9 km

Continue for 1,5 km before turning right onto Säbyvägen, to Sund. If you want to take a swim take a left and follow signs for "Bengtsgårds badplats" with campfire pit, outdoor toilet, bathing jetty and nice grass.

There is an alternative route along Kilsvägen and the oak avenue leading up to **Värmlands Säby**. Enjoy a picnic or a walk in the park surrounding the magnificent manor building from the 18th century. Summertime the park is open, and you may enjoy your picnic here, providing you don't disturb.

The village of Nybble has a grocery store, ICA Nära Nybble, in case you need to fill up with food or drink (approximately 1,5 km one way). To continue to Frosterud you need to cross the RV26. Be careful when you cross, it is a busy road. You will soon get to a nice and calm bike trail.

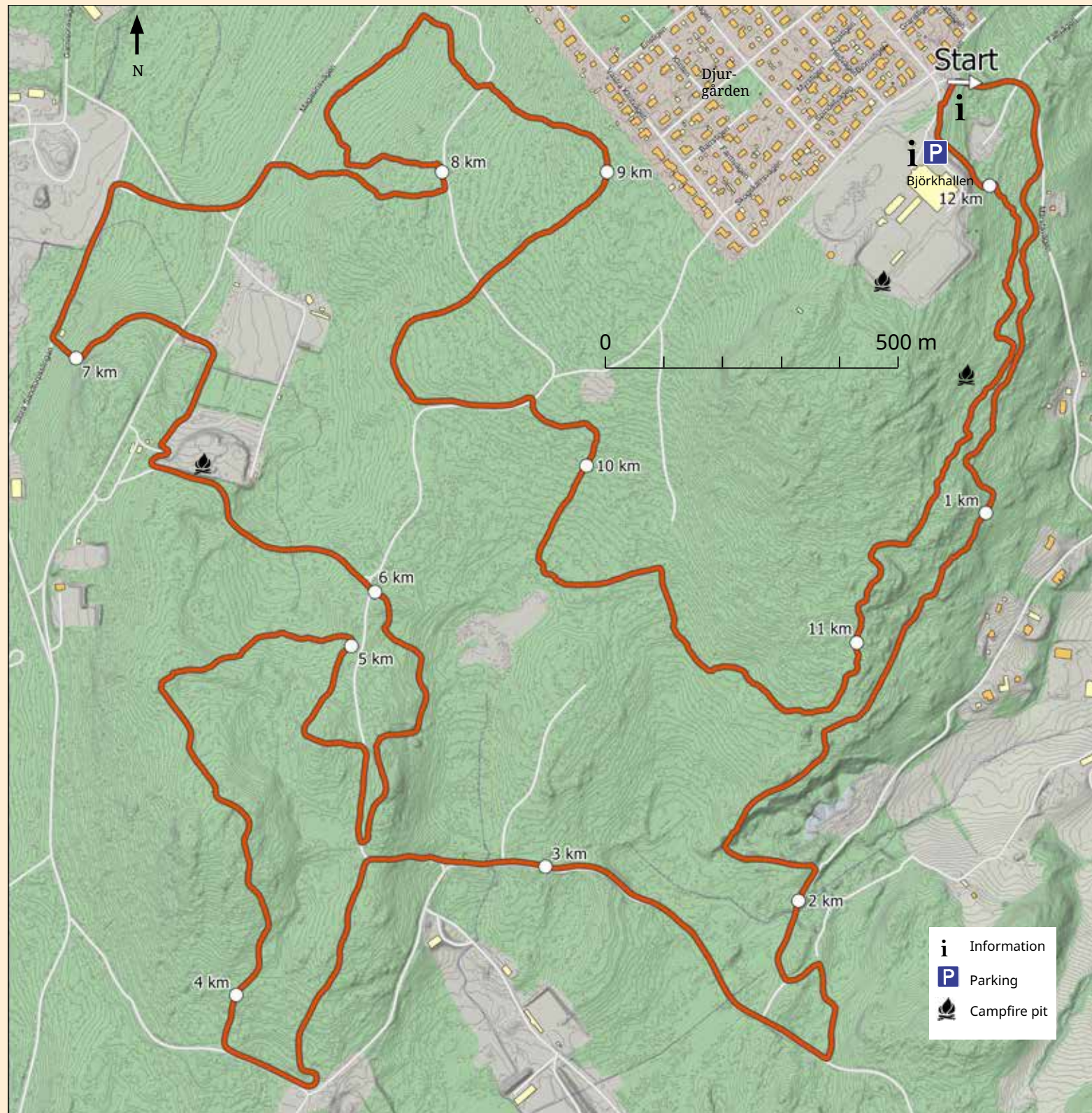
On the other side follow the road to Frosterud. You pass through forests and fields. After 3 km turn toward **Frosterud**.

At Rudskoga Vänerleden crosses the trail Skagern Runt, a 90 km trail for bicycling, hiking, and riding around lake Skagern. www.Skagernrunt.se

7. SKAGERN RUNT 90 km

The bike trail around Lake Skagern runs through a beautiful and varied landscape with forests and pastures. A brochure with detailed information about the trail, points of interest, history and tales can be bought at Kristinehamn tourist office or ordered online.

You might make it all the way round the lake in one day, but most will want to spend 2-3 days.



BIKING

VÄRMLAND



Photo: Roger Borgelid, Visit Värmland



Percentage of the trail with:
 Path 76%
 Gravel road 24%
 Asphalt 0%



8. BJÖRKVALLEN 12 km

Björkvalle sports area is located at the end of Djurgårdsvägen and Almvägen.

Björkvalle sports area has three Mountain bike trails (MTB-trails) that follow gravel roads and forest paths in the old military area.

The Björkvalle trail on page 19 and the MTB-trail on page 23 starts along the same route. After a while the Björkvalle trail continues on paths and is a technical blue trail of medium difficulty. The Björkvalle trail runs on gravel roads/trailer roads for some stretches.



A Biking Värmland trail is quality assured



Which means it complies to the following criteria: contracts with landowners, well visible signs in English and Swedish, gradings, full maintenance plan with consideration of nature and cultural environments.

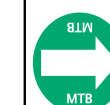
The trails often pass over land owned by private landowners who on a voluntary basis allow the public right of use.

Please show respect and consideration for all who live and work in the areas that you pass. Do not disturb, do not destroy!

www.naturvardsverket.se/en

You may only light a fire on designated campfire pits and only if there is no current fire ban. For information about fire bans please call the answering machine on 054-15 50 15.

27%



VERY EASY
 Trail without difficulties, mostly gravel roads and flat, wide paths.

43%



EASY
 Mainly easy bike trails. A little more technical and somewhat steeper than a green trail.

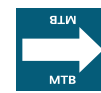
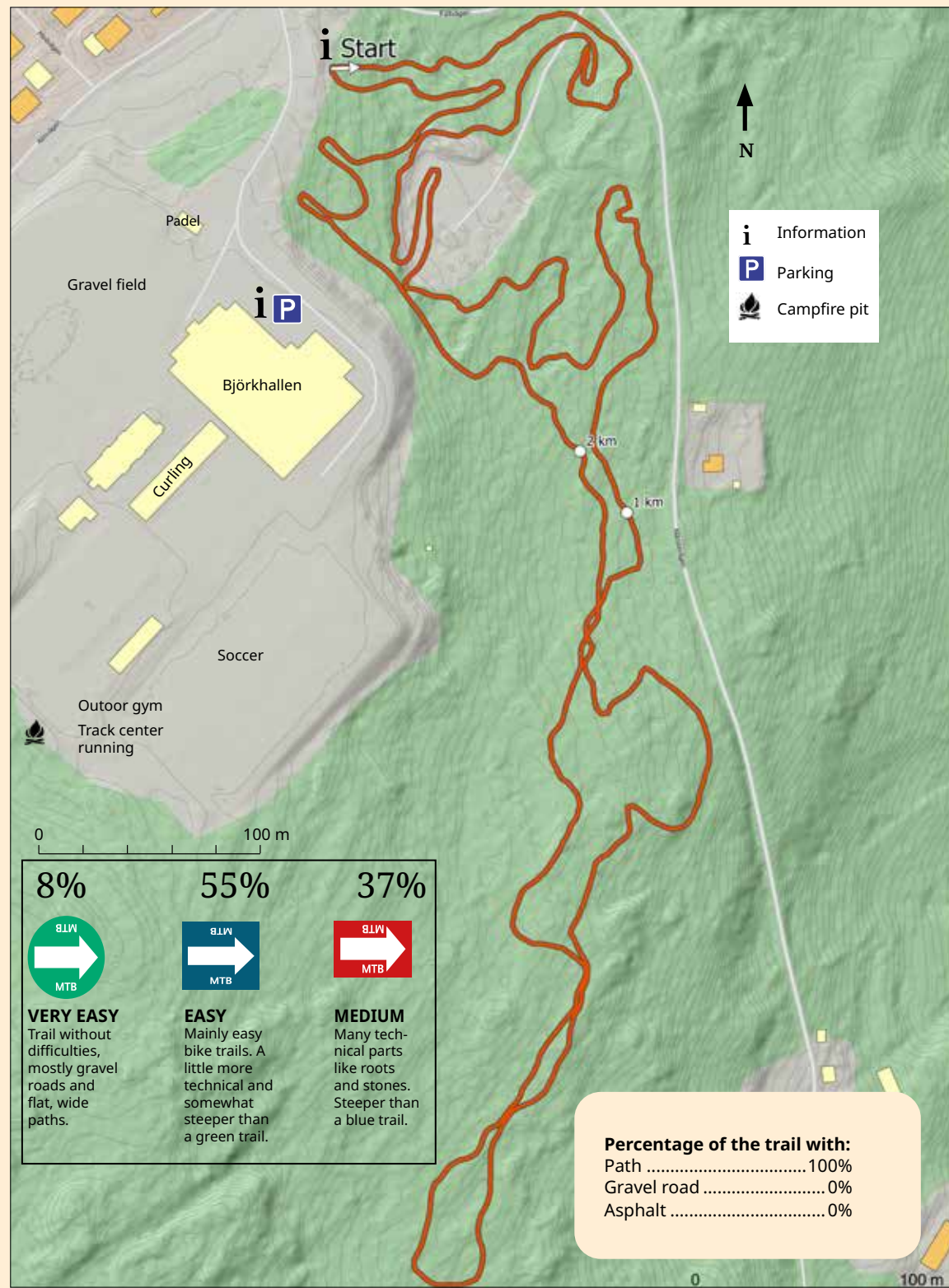
30%



MEDIUM
 Many technical parts like roots and stones. Steeper than a blue trail.



Photo Roger Borgelid, Visit Värmland

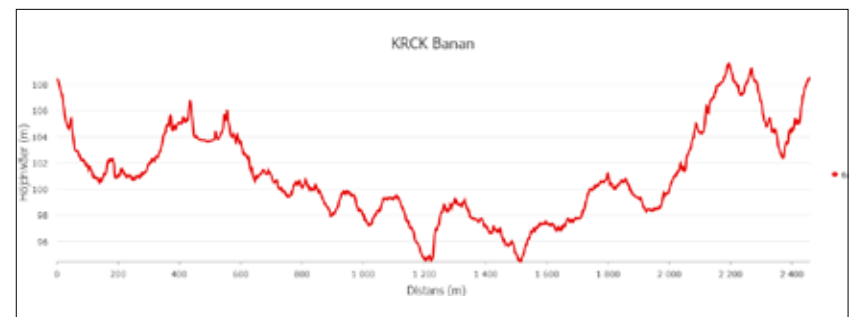


9. KRCK-BANAN 3km

Björkqvallen sports area is located at the end of Djurgårdsvägen and Almvägen.

This track has several drops and berms and a part on natural paths. The drops can be avoided by using an easier passage. Some short parts of the trail are more difficult, but these can be avoided by choosing an easier route.

Björkqvallen sports area also has an indoor ice hockey rink and during winter sometimes an outdoor rink for hockey, bandy and skating. Outdoor padel courts and disc golf course with 18 well planned holes.



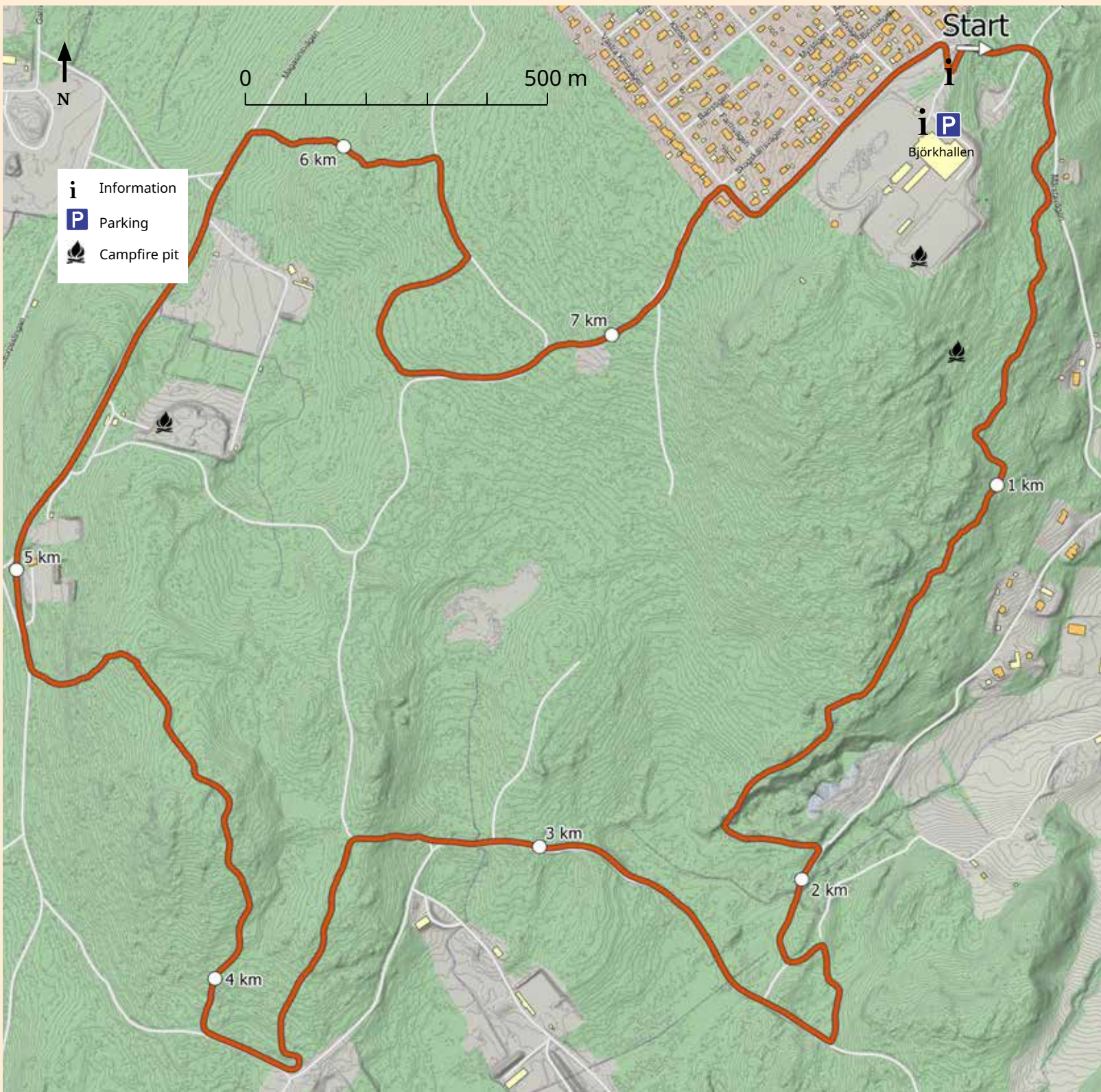
How to cycle safely

- * Always use a helmet and gloves.
- * Be realistic as to your own capacity and condition.
- * Choose a trail that suits your abilities.
- * Get acquainted with the area.
- * Adjust your speed according to weather and ground conditions.
- * Always have a map of the trail and a phone with you.



Photo: Roger Borgelid, Visit Värmland

BIKING
VÄRMLAND



Percentage of the trail with:
 Path 50%
 Gravel road 50%
 Asphalt 0%



Follow these rules

- * Always greet those you meet!
- * Show respect and consideration.
- * Make yourself heard, slow down and make room.
- * Never scare animals. If you meet animals, tame or wild, give them time and space. Sudden movements and loud noise scare animals, if you do not want to see them, make yourself seen and heard.
- * Never litter. Bring back whatever you have bought with you. Leave no trace.
- * Please respect that the trails may be closed due to weather, felling of trees or hunting.



10. MTB-LEDEN 8 km



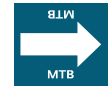
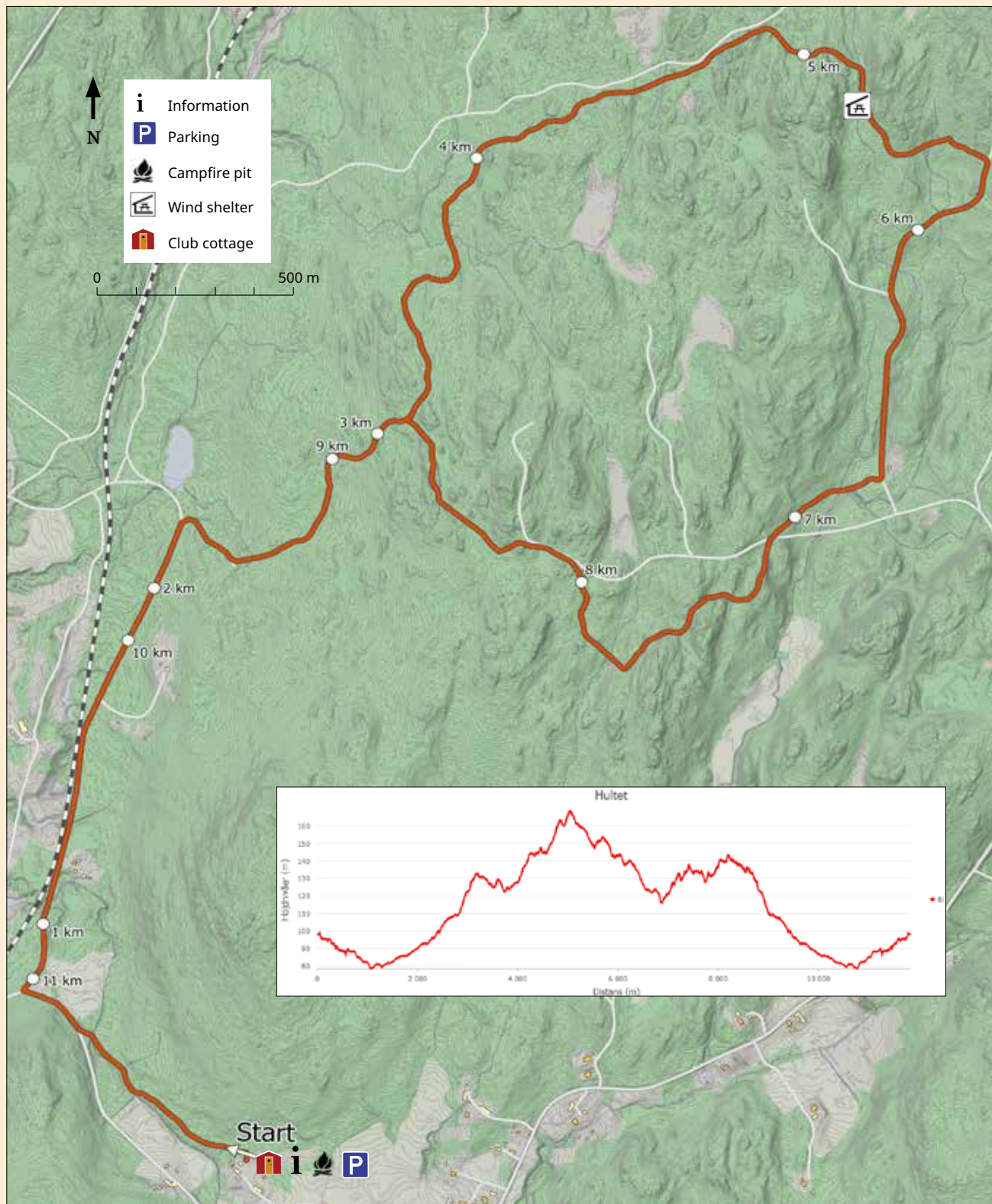
Björkvallen sports area is located at the end of Djurgårdsvägen and Almvägen.

The original trail was built in 2008. It is somewhat shorter today but, to a large extent, it follows the same route. This is a technical blue trail with some medium hard slopes mixed with longer stretches on gravel road.

The area Björkvallen has a total of three trails, 3 km (p 21), 8 km (p 23) and 12 km (p 19). They all start from **Björkvallen sports area**.

<p>53%</p> <p>VERY EASY Trail without difficulties, mostly gravel roads and flat, wide paths.</p>	<p>20%</p> <p>EASY Mainly easy bike trails. A little more technical and somewhat steeper than a green trail.</p>	<p>27%</p> <p>MEDIUM Many technical parts like roots and stones. Steeper than a blue trail.</p>
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11. HULTET 12 km

Hultet outdoor area is located along the road to Heden/Anneberg.

The Mountain bike trail at Hultet outdoor area is a pacy trail. It runs on gravel roads up to the hill Hulthöjden and to the forest of Långmarken. The trail is a blue trail with some green parts and a few more difficult technical parts classified as red.

HULTet is the official orienteering club of Kristinehamn and has changing rooms, sauna, parking, toboggan slope, campfire pits and jogging tracks 1-10 km long. 5 km lit jogging tracks. Wintertime there are cross country skiing tracks with natural or artificial snow.

<p>36%</p> <p>VERY EASY Trail without difficulties, mostly gravel roads and flat, wide paths.</p>	<p>59%</p> <p>EASY Mainly easy bike trails. A little more technical and somewhat steeper than a green trail.</p>	<p>5%</p> <p>MEDIUM Many technical parts like roots and stones. Steeper than a blue trail.</p>
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Percentage of the trail with:

Path	100%
Gravel road	0%
Asphalt	0%



Ride your bike responsibly
Show respect for nature, landowners, and other bikers. Keeping to these rules will make bicycling a sustainable and secure its existence in the future

Recommendation!

- Take a photo of the map at the start of the trail.
- Make sure your bike is functioning properly.
- Pack spare parts and tools. For long bicycle rides make sure to bring water, food, and extra clothes.
- Listen to the weather forecast and be aware that weather can change.
- Do not use trails during autumn hunting season!
- Many trails run through farmland, show respect for those who work and live there.



Photo: Roger Borgelid, Visit Värmland



12. SÄTTRA 18 km

Find the MTB-trail at Sättra by driving toward Bodalsvägen and then follow the signs.

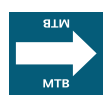
The trails around Sättrastugan runs along paths and gravel roads. One part runs on a walking trail which means you must show respect for pedestrians. During winters you find cross country skiing tracks here.

36%



VERY EASY
Trail without difficulties, mostly gravel roads and flat, wide paths.

59%



EASY
Mainly easy bike trails. A little more technical and somewhat steeper than a green trail.

5%



MEDIUM
Many technical parts like roots and stones. Steeper than a blue trail.

Percentage of the trail with:
Path 76%
Gravel road 24%
Asphalt 0%



During the elk hunting season, and other hunting seasons, you must be careful and alert when you're in the forest.

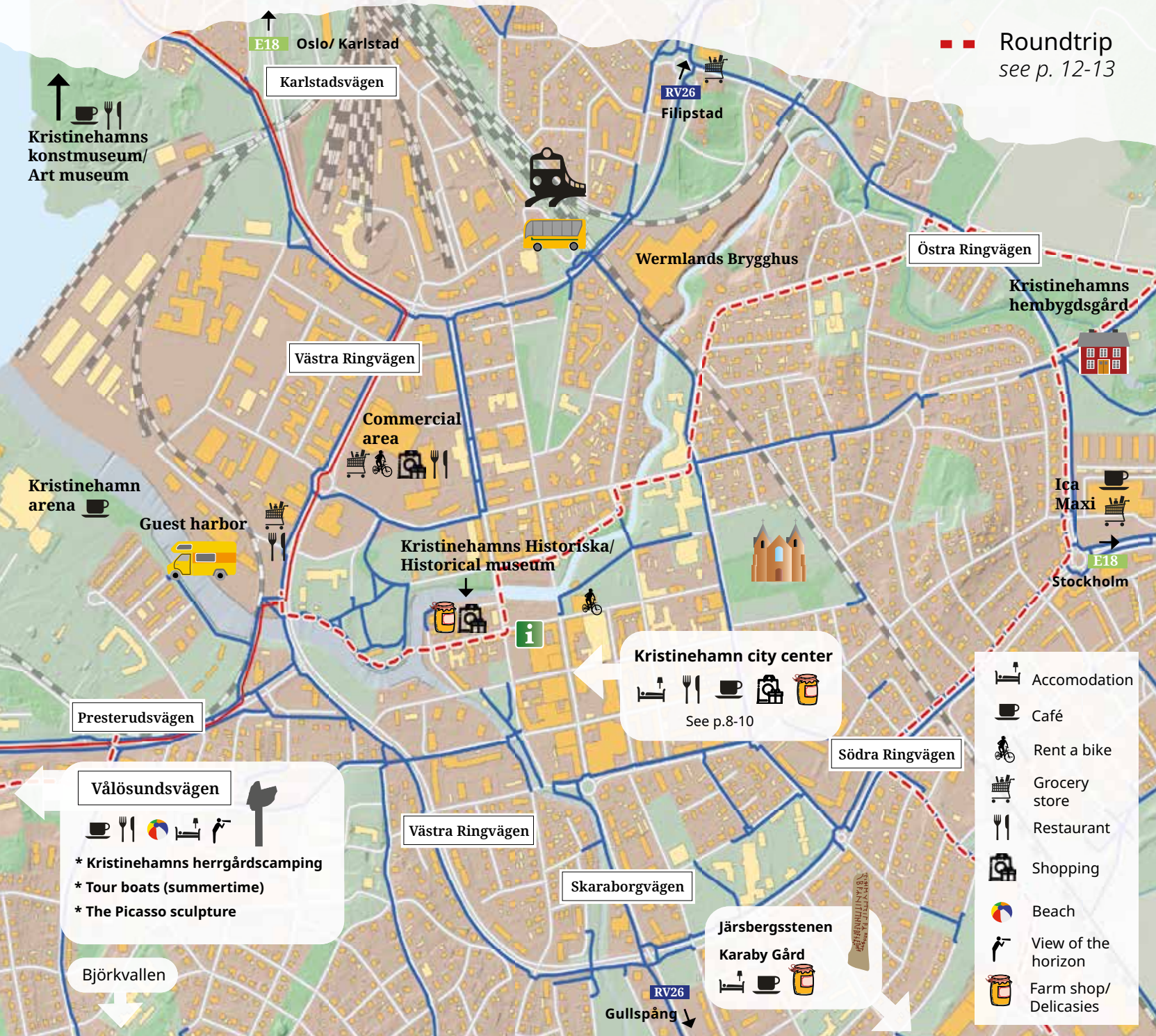
To report any damage on the trails please send an e-mail to: tekniska@kristinehamn.se or call +46-550-88000.



Foto Roger Borgelid, Visit Värmland

EXPLORE KRISTINEHAMN FROM THE BIKE SADDLE

-  Bike paths
-  Vänerleden
-  Roundtrip
see p. 12-13



Kristinehamns
konstmuseum/
Art museum

Kristinehamn
arena

Guest harbor

Presterudsvägen

Välösundsvägen



- * Kristinehamns herrgårdscamping
- * Tour boats (summertime)
- * The Picasso sculpture

Björkvallen

E18 Oslo/ Karlstad

Karlstadsvägen

Västra Ringvägen

Commercial
area

Kristinehamns Historiska/
Historical museum



Västra Ringvägen

Skaraborgvägen

Kristinehamn city center



See p.8-10

Järsbergsstenen

Karaby Gård



RV26
Gullspång

RV26

Filipstad

Wermlands Bryggghus










Östra Ringvägen

Kristinehamns
hembygdsgård

Ica
Maxi

E18
Stockholm

Södra Ringvägen

-  Accomodation
-  Café
-  Rent a bike
-  Grocery store
-  Restaurant
-  Shopping
-  Beach
-  View of the horizon
-  Farm shop/
Delicacies