



E18

14 BJÖRKVALLEN 3.7 km (10 km)

Two exercise trails of 2,7 km and 3,7 km start from the sports fields of Björkvallen. The 2,7 km trail is lit from darkness until 23.00. There's also a trail of 10 km.

Jogging trails of 3 and 6 km can also be found on the old military area of A9. You can also reach the 10 km trail from the military area, follow orange markings. An outdoor gym and an 18-hole discgolf course are located right by the water tower.

RESTRICTIONS

It is prohibited to cycle and ride on these jogging trails. There are separate mountain bike trails, described by Biking Värmland or the app Naturkartan.

15 HULTET

10 km - round loop

Hultet is owned and run by the orienteering club of Kristinehamn. The area has exercise trails that are lit (1,5-5 km) and longer trails of 1,5-10 km that are not lit. During winter the trails are turned into cross country skiing tracks 1-10 km long and a lit trail of 5 km. Tracks with artificial snow 1-3 km as soon as the weather is cold enough. Toboggan slope and campfire pit.

SERVICE

Changing rooms, sauna and parking.

RESTRICTIONS

It is prohibited to cycle and ride on the trails. There are separate mountain bike trails described by Biking Värmland or the app Naturkartan.

CONNECTING TRAILS

There is a connecting trail between Hultets Friluftsgård and the trail called Kaffeberget. From Kaffeberget it's possible to connect to Kvarndammen and Varnans Bäckdal, see page 27.

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