



Foto: Kristinehamns fotoklubb



3-5 VISNUMS-KILS TRAILS

3 x 5,6 km - round loops

There are three trails at Visnums-Kil: Prästöleden, Nötöleden och Arskagsleden. All of them are in the nature reserve Nötön-Åråsviken. You'll find peace and quiet, beautiful countryside, grazing animals, sea eagles and woodpeckers. The area is renowned for its old oaks, open fields and lake views.

which is a wonderful part of the lake, with a labyrinth of small islands and reed areas.

SERVICE

There are rest areas along all the trails. Also wind shelter and outdoor toilets. Firewood is provided at Linsöstugan, Österöstugan, Hästudden and Arskagsudden. Trash bins are located at the car park. Littering is prohibited.

THE TRAILS

3. Prästöleden 5,6 km

Prästöleden lies at the northern end of the reserve. There is a small cottage called Linsöstugan 700 meters from the car park. You can stay a night and it is equipped with an outdoor toilet, campfire pit, table and benches. If you stop, please leave the place in the same condition you would wish to find it in. The trail continues to a lookout tower with a nice view of Kilsviken. The last part of the trail is full of stones, take it easy. A rest area can be found at Prästöudden and has a nice view. Please observe that the red cottage by the rest area is private property.

GOOD TO KNOW

The trails are marked with signposts with orange stripes and orange markings on trees. A large part of the trails run through grazing pastures, please show respect. Signs provide information about the grazing cattle. Please do not bring dogs into this area as cattle can be disturbed by them.

QUALITY ASSURED VÄRMLANDSLED

The trails are quality assured trails in Värmland. They comply to the requirements of maintenance, information in English, Swedish and German, easy to follow trail markings and contracts with landowners.

4. Nötöleden 5,5 km

Nötöleden is in the middle of the reserve. After 1,6 km you arrive at Hästudden which has a rest area with a campfire pit, benches and table, outdoor toilet, and a wonderful view of Lake Vänern. The cottage Österöstugan can be used and has a fireplace, outdoor toilet, table and benches. The farm on Västra Nötön is private property, please show respect.

MOOSE HUNTING

The traditional moose hunting season in Värmland starts on October 8.

HOW TO GET THERE

From Kristinehamn: RV26 direction south to Mariestad. At Nybble turn right (west). For Prästön/Linsön take a left at the church (Visnums-Kils kyrka), follow signs. For Nötön and Arskagen take a right at the church and then a left turn after about 3 km, follow signs.

5. Arskagsleden 5,6 km

Arskagsleden is in the southern part of the reserve. Sandholmsudden has a rest area with benches and table in an opening in the forest. From Arskagsudden you have a nice view of Lake Vänern. The rest area has wind shelter, campfire pit, outdoor toilet, benches and table. To the south you see Åråsviken

From Mariestad: RV26 direction north to Kristinehamn. Take a left turn (west) at Nybble, then follow the directions above. Park your car at the designated parking lots.

Taxi: Sverigetaxi, + 46 (0) 550-150 45